

DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
Samantha Hamilton
Email: shamilton@nnyymca.org
Phone: 315.782.3100 Ext 3028

For more information on programs,
memberships, services, and to
register: watertownymca.org



Watertown Family YMCA Youth
Empowerment Program (YEP)
internships are funded by the
Department of Labor Workforce
Pathways for Youth Grant.



SCAN QR CODE TO
DOWNLOAD AND
PRINT APPLICATION



GATEWAY FINANCIAL SCHOLARSHIP

To ensure all youth and families have access to programs and services, **Watertown Family YMCA**, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.



Northern New York
Community Foundation



WATERTOWN FAMILY YMCA YOUTH EMPOWERMENT PROGRAM (YEP) SESSION 2 AGES 14-21 YEARS

**REGISTRATION
DEADLINE
NOVEMBER 3, 2025**



WHAT YOU NEED TO KNOW

Ages: Youth 14 – 21 Years

Location: Downtown YMCA

Session Length: 6 Weeks
6 Hours per week (paid time)

Session 2:
November 17th–December 27th

Where can you be placed?

Depending on your interest, options exist in many different departments within the Watertown Family YMCA including gymnastic, sports, Child Watch, and more.

What you will need if selected:

- School ID
- Social Security Card
- Working Papers
(Available from your High School Guidance Office)

YOUTH EMPOWERMENT PROGRAM

The Watertown Family YMCA is thrilled to announce that we have been awarded the Department of Labor's Youth Workforce Pathways Grant! This grant will enable the YMCA to expand its support for youth ages 14–21, with a special focus on reaching and empowering those who have historically been underserved in their communities.

Our mission, through this initiative, is to provide greater access to essential resources such as skill development, workforce training, and job placement. By doing so, the YMCA aims to open doors to new opportunities and set local youth on a path to success in their future careers.

If you're passionate about making a difference, join the YMCA team! You'll collaborate with experienced staff in workforce development, leadership, and skills training to help shape the future of your community's youth.

Together, we can create brighter futures for our youth!

Session 2 Required Intern Meetings:

Payroll/Meet-n-Greet:

November 12th 4:00 – 6:00 PM
This meeting will onboard interns to the payroll system, review job expectations and code of conduct, and emphasize the Wings of Change Leadership and Team-Building program.

Mid Empowerment Meeting:

December 3rd 4:30 – 6:00 PM

Wrap Up – Empowerment Meeting:

December 17th 4:30 – 6:00 PM

Your schedule will be covered at the initial Launch Meeting.

REQUIRED: Completed application submitted by November 3, 2025



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