

CARTHAGE YMCA
250 State St
Carthage, NY 13619

For program questions contact:
Keith Gipson
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Phone: 315.493-3286

For more information on programs,
memberships, services, and to
register: watertownymca.org



**SCAN TO
REGISTER**

**Check out these other great
YMCA programs:**

- Group Ex Classes
- Child Watch
- Warrior Ninja



GATEWAY FINANCIAL SCHOLARSHIP

To ensure all youth and families have access to programs and services, **Watertown Family YMCA**, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.



Northern New York
Community Foundation



UNITED STATES ARMY
CHILD & YOUTH SERVICES

**United
Way**



UNITED WAY OF NORTHERN NEW YORK

CARTHAGE YMCA
BASKETBALL
SKILLS & DRILLS
AGES 5 - 17 YEARS



**REGISTRATION OPENS
NOVEMBER 1, 2025**



WATERTOWNYMCA.ORG

WHAT YOU NEED TO KNOW

Ages: 5 – 17 Years

Location: Carthage Gym

Start Date: November 7, 2025

End Date: November 28, 2025

Day/Time: Fridays 4:30 – 5:30 PM

Program Fee:

Members: \$50.00

Non-Members: \$70.00

Military: \$60.00

Age Groups:

5 – 7 year olds

8 – 12 year olds

13 – 17 year olds

REQUIRED EQUIPMENT

Water Bottle

Sneakers

Athletic Clothing

Basketballs Provided

SKILLS & DRILLS

Is your child crazy about basketball? So are we! Our Basketball Skills & Drills Program is designed for kids 5-17 years old who want to learn the fundamentals of basketball and most importantly, have FUN! It's not about what the scoreboard says at the end of the game – here, at the YMCA, everybody plays and everybody wins!

Players will develop individual skills through dribbling, passing, shooting, defense, rebounding, physical conditioning, and the importance of teamwork. The final class will challenge their individual and team skills, and physical conditioning in a fun session-ending game where they can put all their skills together that they learned throughout the session.



On the last week of practice, make sure to get your **Certification of Completion** from the coaches!



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