### **FAIRGROUNDS YMCA**

585 Rand Drive Watertown, New York 13601

For program questions contact: Janet Bleau

Email: jbleau@nnyymca.org

Phone: 315.755.9622

For more information on programs, memberships, services, and to register: watertownymca.org



SCAN TO REGISTER

Check out these other great YMCA programs:

- North Pole Camp
- Holiday Battle Camp
- Holiday Fun Fest





#### **GATEWAY FINANCIAL SCHOLARSHIP**

To ensure all youth and families have access to programs and services, Watertown Family YMCA, supported by Northern New York Community Foundation, United States Army Child & Youth Services and United Way of Northern New York, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.







**FAIRGROUNDS YMCA** 

# HOLIDAY BREAK AVALANCHE CAMP

AGES 5 - 15 YEARS

REGISTRATION OPENS: IN-HOUSE: NOVEMBER 5<sup>TH</sup> ONLINE: NOVEMBER 13<sup>TH</sup>





## WHAT YOU NEED TO KNOW

Ages: 5–15 years

**Location: Gymnastics Center** 

Session 1:

December 22nd & 23rd

Session 2: December 29th & 30th

Days & Time:

Monday & Tuesday 9:00 – 11:00 AM

Program Fee (each session):

Members: \$33.00

Non-Members: \$45.00

Military: \$40.00



### **AVALANCHE CAMP**

Avalanche Camp is a unique Ninja and Gymnastics combo camp designed to build strength, balance, coordination, agility, flexibility, and conditioning.

Campers develop teamwork skills while safely learning gymnastics techniques that enhance their abilities on ninja obstacle courses and gymnastics equipment, including vault, bars, beam, and floor.

Age-appropriate strength circuits are integrated to support skill development and ensure a fun, challenging, and engaging experience.



REQUIRED EQUIPMENT
Athletic clothing
Water Bottle

No socks or shoes Hair must be pulled back



WE'LL MAKE SURE YOUR KIDS GET OFF THE SCREEN AND INTO THE GYM DURING THEIR SCHOOL BREAK.



















