

FAIRGROUNDS YMCA
585 Rand Drive
Watertown, New York 13601

For program questions contact:
Paul Passino
Email: ppassino@nnyymca.org
Phone: 315.755.9622

For more information on programs,
memberships, services, and to
register: watertownymca.org



**SCAN TO
REGISTER**

**Check out these other great
YMCA programs:**

- Kicks 4 Kids
- STEAM & Sports
- Swim Lessons



GATEWAY FINANCIAL SCHOLARSHIP

To ensure all youth and families have access to programs and services, **Watertown Family YMCA**, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.



Northern New York
Community Foundation



UNITED STATES ARMY
CHILD & YOUTH SERVICES



UNITED WAY OF NORTHERN NEW YORK

FAIRGROUNDS YMCA
ADAPTIVE ABILITY
SPORTS
3-6 YEARS



**REGISTRATION OPENS
SEPTEMBER 26, 2025**



WHAT YOU NEED TO KNOW

Ages: 3-6 Years*

Location: Basketball Court 2

Start Date: November 5, 2025

End Date: December 17, 2025

No Class November 26th

Days & Times:

Wednesdays: 4:30 – 5:00 PM

Max Enrollment of 10

Program Fee:

Members: \$46.00

Non-Members: \$60.00

Military: \$55.00

***A Parent or guardian is required to be in attendance at all times and participate with your child.**

ADAPTIVE ABILITY SPORTS

The program's goal is for kids to learn and improve on the fundamental movement skills that work on the ABC's (Agility, Balance & Coordination.)

Adaptive Sports provide players, regardless of their ability, the opportunity to play sports. The games and activities are geared to the ability level of each player.

The Y believes in creating a positive and welcoming environment for players of all ages. By focusing on play, building character, and championing individual challenges, we empower them to grow and develop at their own pace. It's all about providing players the opportunity to enjoy sports on their own terms.



REQUIRED EQUIPMENT

Water Bottle

Sneakers

Comfortable Clothing



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