



WATERTOWN FAMILY YMCA Fall 2025 Adult & Youth Tennis SEE BROCHURES FOR DETAILS

DAYTIME & EVENING DOUBLES TENNIS LEAGUES

For league formation contact Adrienne Alteri. Equally skilled players are set up in a group league for Fall. September – December: 15 – 16 Weeks.

Sub Fee Per Game*:

League Members: FREE

Y Members: \$5.00

Non-Members: Day Pass

* Subs must register at Downtown YMCA Welcome Center prior to play.

RED BALL YOUTH TENNIS Ages 5–12 years

Beginners will have fun learning to build tennis skills on a 36-foot court. Participants will gain hand eye coordination, footwork, tennis court awareness, knowledge of forehand and backhand basics, and serving.

Red Ball Pre-Rally: Participants will learn how to hold the racquets, track the ball, and control movements to build towards tennis skills.

Fun activities and games will keep them focused on the FUNdamentals of Tennis.

Red Ball 3: Children will have fun learning to build tennis skills on a 36-foot court. Participants will learn footwork, tennis court awareness, knowledge of a forehand, a backhand and serving, and gain hand eye coordination.

Program Fee: \$40.00*

All levels of Red Ball Youth Tennis are one 60-minute class per day for 6 weeks.

ORANGE BALL 3 YOUTH TENNIS

Ages 11–16 years

An excellent introduction for youth participants who have never played tennis before. This program uses an orange deflated ball on a 60 foot court. Players will learn footwork, tennis court awareness, knowledge of a forehand, a backhand, and serving.

Program Fee: \$40.00*

TENNIS JUNIOR DRILLS & PLAY Ages 12–17 years

This Junior Tennis Drill & Play program is designed for high school players who are new to tennis or looking to refine their fundamental skills.

Program Fee: \$40.00*

* Red Ball, Orange Ball 3, and Junior Play Program Fees are subsidized by the Northern New York Community Foundation Junior Tennis Scholarship Fund which subsidizes all YMCA youth tennis programs from ages 5–17.

For online access to info on programs, lessons, leagues, and pricing
SCAN THE QR CODE .



watertownymca.org/racquet-sports

SCAN QR CODE FOR



APPLE APP STORE



GOOGLE PLAY



For questions contact: Adrienne Alteri / Email: aalteri@nnyymca.org / Phone: 315.782.3100

TENNIS PRIVATE & SEMI-PRIVATE LESSONS

PRIVATE: 1 PERSON

- One 60-minute session with Y Staff
Member: \$65.00 Non-Member: \$75.00
- One 60-minute session with Y Pro
Member: \$75.00 Non-Member: \$85.00

SEMI-PRIVATE: 2 PEOPLE

- 60-minute session with Y Staff
Member: \$35.00 Non-Member: \$40.00
- 60-minute session with Y Pro
Member: \$40.00 Non-Member: \$50.00
- 90-minute session with Y Staff
Member: \$48.00 Non-Member: \$58.00
- 90-minute session with Y Pro
Member: \$58.00 Non-Member: \$68.00

GROUP LESSONS: 3 PEOPLE

- 60-minute session with Y Staff
Member: \$24.00 Non-Member: \$32.00
- 60-minute session with Y Pro
Member: \$28.00 Non-Member: \$38.00
- 90-minute session with Y Staff
Member: \$34.00 Non-Member: \$44.00
- 90-minute session with Y Pro
Member: \$42.00 Non-Member: \$52.00

CLINIC: 4+ PEOPLE

- 60-minute session with Y Staff
Member: \$18.00 Non-Member: \$28.00
- 60-minute session with Y Pro
Member: \$22.00 Non-Member: \$32.00
- 90-minute session with Y Staff
Member: \$25.00 Non-Member: \$35.00
- 90-minute session with Y Pro
Member: \$32.00 Non-Member: \$42.00

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LESSON PACKAGES

Participants must have an active membership to sign up for Lesson packages. Lessons must be paid for prior to the first lesson and will be scheduled during the registration process. Cancellations should be at least 24 hours in advance. A no-show will be counted towards package amount.

Lesson package options include:

- Private: 1 Person
 - Five 60-minute sessions with Y staff: \$300.00
 - Five 60-minute sessions with Y Pro: \$350.00
- Semi-Private: 2 People
 - Five 60-minute sessions with Y staff: \$162.00
 - Five 60-minute sessions with Y Pro: \$190.00

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COURT RATES (per hour)*

Members can reserve courts up to 7 days in advance. To reserve a court time, download the Court Reserve app. Court Reservation payments are made in Court Reserve app.

- MONDAY – FRIDAYS
 - 5:00 – 7:00 AM: \$20.00 per hour
 - 7:00 AM – 9:00 PM: \$40.00

- AFTERNOON DISCOUNT
 - 12:30 – 2:30 PM: \$20.00 per hour

- SATURDAY & SUNDAY
 - 6:00 AM – 5:00 PM: \$40.00 per hour

- WALK ON COURT RATE (1 Hour or less before playing)
 - \$30.00 per hour

- TENNIS GUESTS
 - \$12 Day Pass plus court fee.

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BALL MACHINE RENTAL

The ball machine is available to members and non-members for use at \$10 per hour plus court fee.



WATERTOWN FAMILY YMCA
Pickleball & POP Tennis
Leagues and Clinics
SEE BROCHURES FOR DETAILS

DUPR PICKLEBALL PROGRAM

Join our exciting DUPR Pickleball Program, designed to bring players of all levels together for fun and competitive play! With space for 16–25 players across 4 courts, this program offers the perfect mix of structured play and skill development.

Thursdays: 5:00 – 7:00 PM

Program Fee:

Members: \$35.00

Non-Members: \$75.00

Military: \$65.00

WOMEN'S DUPR PICKLEBALL PROGRAM

Join our exciting Women's DUPR Pickleball Program, designed to bring players of all levels together for fun and competitive play! With space for 16–25 players across 4 courts, this program offers the perfect mix of structured play and skill development.

Tuesdays: 5:00 – 7:00 PM

Program Fee:

Members: \$35.00

Non-Members: \$75.00

Military: \$65.00

DUPR PICKLEBALL ASSESSMENTS

Take your pickleball game to the next level with our DUPR Pickleball Assessments! An RSPA & DUPR Certified Coach will be on site to provide your official DUPR rating and assist in setting up your DUPR account.

Held Twice A Month

Program Fee:

Members: \$10.00

Non-Members: \$20.00

Military: \$15.00

PICKLEBALL CLINIC Ages: 13 Years – Adult

Clinic #1: Learn the Basics

Pickleball is the fastest growing sport in the USA. This clinic will cover the rules, scoring, positioning and play! For beginners with no experience.

Clinic #2*: Take your Pickleball game to another level! Learn shot placement, movement with your doubles partner, dinking, and third shot drop.

4 Days 90 Minutes Sessions

Clinic 2 Prerequisite: Pickleball Clinic #1 and 10 games prior experience.

Receive A Free DUPR Rating

COURT RATES*

Pickleball Court Fee:

\$40.00 per hour for up to 40 max number of players.

Pickleball Member walk on rate: \$5.00 per person

Pickleball Guests: \$12 Day Pass plus court fee.

MONDAY – FRIDAY AFTERNOON DISCOUNT

12:30 – 2:30 PM: \$2.00 per person per hour

PICKLEBALL PRIVATE & SEMI-PRIVATE LESSONS

PRIVATE: 1 PERSON

One 60-minute session

Member: \$50.00

Non-Member: \$60.00

SEMI-PRIVATE: 2 PEOPLE

60-minute session

Member: \$45.00

Non-Member: \$55.00

Package of 5: 60-minute sessions

Member: \$175.00

Non-Member: \$250.00



For online access to info on programs, leagues, and pricing
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