

DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
Adrienne Alteri
Email: aalteri@nnyymca.org
Phone: 315.755.2130

For more information on programs,
memberships, services, and to
register: **watertownymca.org**



**SCAN TO
REGISTER**

Check out these other great
YMCA programs:

- Doubles Tennis League
- Red Ball Tennis
- Swim Lessons



GATEWAY FINANCIAL SCHOLARSHIP

To ensure all youth and families have access to programs and services, **Watertown Family YMCA**, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.



Northern New York
Community Foundation



UNITED STATES ARMY
CHILD & YOUTH SERVICES



UNITED WAY OF NORTHERN NEW YORK

DOWNTOWN YMCA WOMEN'S DUPR PICKLEBALL PROGRAM

**13 YEARS - ADULT
SEPTEMBER '25**



**REGISTRATION OPENS
SEPTEMBER 15, 2025**



WATERTOWNYMCA.ORG

WHAT YOU NEED TO KNOW

Ages: 13 Years – Adult

Location: Downtown Racquet Center

Start Date: October 7, 2025

End Date: October 28, 2025

Days & Time:

Tuesdays (4 Weeks)

5:00 – 7:00 PM

Program Fee:

Members: \$35.00

Non-Members: \$75.00

Military: \$65.00

WOMEN'S DUPR PICKLEBALL PROGRAM

Join our exciting Women's DUPR Pickleball Program, designed to bring players of all levels together for fun and competitive play! With space for up to 24 players across 4 courts, this program offers the perfect mix of structured play and skill development.

This is a DUPR pickleball based program. A RSPA & DUPR certified coach will be on site for the first couple of weeks to provide free DUPR ratings helping players measure and track their progress. Courts will be divided by level of play through the the DUPR rating, ensuring fair and engaging match-ups for everyone

Players are strongly encouraged to receive their free DUPR rating, with guidance and explanation provided by the coach throughout the session.



Child Watch/Kids Adventure is open 4:15 – 7:15 PM.

***Family or Single Parent Family membership is required.**



REQUIRED EQUIPMENT

Water Bottle

Sneakers /Athletic Clothing

Paddle & Balls Available



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