

FAIRGROUNDS YMCA
585 Rand Drive
Watertown, New York 13601

For program questions contact:
Paul Passino
Email: ppassino@nnyymca.org
Phone: 315.755.9622

For more information on programs,
memberships, services, and to
register: watertownymca.org



SCAN QR CODE
TO REGISTER

Check out these other great
YMCA programs:

- Indoor Soccer League
- STEAM & Sports
- Soccer Skills Academy



GATEWAY FINANCIAL SCHOLARSHIP

To ensure all youth and families have access to programs and services, **Watertown Family YMCA**, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.



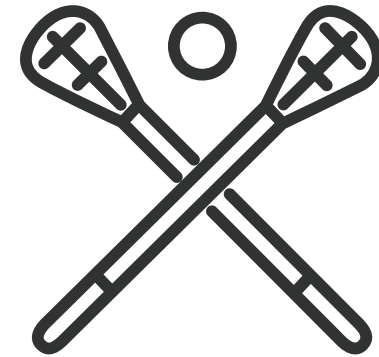
Northern New York
Community Foundation



UNITED STATES ARMY
CHILD & YOUTH SERVICES



UNITED WAY OF NORTHERN NEW YORK



FAIRGROUNDS YMCA
STICKS 4 KIDS
COED LACROSSE
SEPTEMBER – OCTOBER '25
4-10 YEARS

REGISTRATION OPENS
AUGUST 4, 2025



WHAT YOU NEED TO KNOW

Ages: 4-10 Years

Location: Small Soccer Field

Start Date: September 15, 2025

End Date: October 20, 2025

Days & Times:

Mondays

4-6 Years: 5:30- 6:15 PM

7-10 Years: 6:15 - 7:00 PM

Program Fees:

Members: \$46.00

Non-Members: \$60.00

Military: \$55.00

COED STICKS 4 KIDS

This six-week introductory lacrosse program is for boys and girls ages 4 - 10 Years. Children will learn the basic fundamentals of the game while having FUN!

As one of the fastest growing teams sports in the U.S., lacrosse builds speed, agility and coordination, as well as teamwork and confidence.

LACROSSE STICK & GOGGLES
provided or bring your own.

REQUIRED EQUIPMENT

Water Bottle

Sneakers or Indoor soccer shoes*

Athletic Clothing

Shin Guards

***Outdoor soccer cleats are not allowed**

WHAT WE WILL COVER:

- Lacrosse Vocabulary
- Catching
- Scooping
- Throwing
- Gameplay
- Teamwork



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