

**DOWNTOWN YMCA**  
146 Arsenal Street  
Watertown, New York 13601

For program questions contact:  
Adrienne Alteri  
Email: [aalteri@nnyymca.org](mailto:aalteri@nnyymca.org)  
Phone: 315.755.2130

For more information on programs,  
memberships, services, and to  
register: [watertownymca.org](http://watertownymca.org)



SCAN QR CODE  
TO REGISTER

Check out these other great  
YMCA programs:

- Doubles Tennis League
- Red Ball Tennis
- Swim Lessons



#### **GATEWAY FINANCIAL SCHOLARSHIP**

To ensure all youth and families have access to programs and services, **Watertown Family YMCA**, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.



Northern New York  
Community Foundation



UNITED STATES ARMY  
CHILD & YOUTH SERVICES



UNITED WAY OF NORTHERN NEW YORK



## **DOWNTOWN YMCA DUPR PICKLEBALL ASSESSMENTS**

**13 YEARS – ADULT  
SEPTEMBER '25**

**REGISTRATION OPENS  
AUGUST 25, 2025**



**WATERTOWNYMCA.ORG**

## WHAT YOU NEED TO KNOW

**Ages: 13 Years – Adult**

**Location: Downtown Racquet Center**

**Dates:**

**September 11th or 25th**

**Days & Time:**

**Thursdays**

**7:00 – 8:00 PM**

**Program Fee:**

**Members: \$10.00**

**Non-Members: \$20.00**

**Military: \$15.00**

## REGISTRATION IS REQUIRED

## DUPR PICKLEBALL ASSESSMENTS

Take your pickleball game to the next level with our DUPR Pickleball Assessments! An RSPA & DUPR Certified Coach will be on site to provide your official DUPR rating and assist in setting up your DUPR account.

You'll receive a full explanation of how DUPR works, including how your rating is calculated and how to use your account to track progress.

After the assessments and walkthrough, players will have the chance to finish out the hour with open pickleball play, putting their new rating knowledge into action on the court.



### REQUIRED EQUIPMENT

Water Bottle

Sneakers /Athletic Clothing

Paddle & Balls Available



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