



**American Red Cross**

**ADULT/PEDIATRIC CPR/AED/FIRST AID**

presented by

**WATERTOWN FAMILY YMCA**

Adult and Pediatric CPR and AED training course is crucial for equipping individuals with life-saving skills. This course provides essential knowledge and hands-on practice in cardiopulmonary resuscitation (CPR) and the use of automated external defibrillators (AEDs). By learning how to respond effectively to cardiac emergencies in both adults and children, participants become empowered to intervene confidently in critical situations.

**Ages: 15 – 18 Years Old**

**Location: Downtown YMCA**

**Dates: June 3rd & 4th**

**Time: 4:00 – 6:30 PM**

**Upon successful completion of the course, participants will attain certification from the American Red Cross.**

**Space is limited to 10. Pre-registration is required.**

**Please call the Watertown Family YMCA to secure your youth spot.**

The course is FREE thanks to the Youth Bureau Grant. To receive certification, you are required to attend all dates.

**Bring a drink, paper and pen, and your desire to learn.**

For questions contact Samantha Hamilton  
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