FAIRGROUNDS YMCA 585 Rand Drive Watertown, New York 13601

For program questions contact: Janet Bleau Email: jbleau@nnyymca.org Phone: 315.755.9622

For more information on programs, memberships, services, and to register: **watertownymca.org**

Check out these other great YMCA programs:

- Gymnastics Clinics
- Summer Gymnastics

• Summer Ninja



REQUIRED EQUIPMENT Athletic clothing Water Bottle No socks or shoes



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.







UNITED WAY OF NORTHERN NEW YORK CHILD&YOUTH SERVICES



FAIRGROUNDS YMCA **SUMMER PARENT & TOT PLAYGROUP & BIG KID OPEN GYM** 18 MONTHS - 5 YEARS & 5 - 15 YEARS

FREE TO MEMBERS NEW SCHEDULE STARTS JULY 7TH, 2025



WHAT YOU NEED TO KNOW

PARENT & TOT PLAYGROUP*

Ages: 18 Months – 5 Years

Location: Gymnastics Room

Days & Times:

Thursdays 12:00 – 1:00 PM

Program Fees:

Member: FREE Non-member: \$10.00 per child

* Parent/Guardian must be present at all times.

BIG KIDS OPEN GYM

Ages: 5 – 15 Years Location: Gymnastics Room

Day & Time:

Mondays 7:30 - 8:30 PM

Program Fees:

Member: FREE Non-member: \$15.00 per child

PARENT & TOT PLAYGROUP & BIG KID OPEN GYM

Parent & Tot PlayGroup is a great time for little ones to run out their energy in a safe environment, practice skills, and make new friends.

Parents will help guide their child through play including walking on the balance beam, jumping in the foam pit, climbing, and more.

Parents are not allowed on the equipment but are able to help introduce their children to new activities through unstructured play while helping them feel comfortable playing with other kids.

Parents should actively participate with their child and must remain within arms length at all times and please review PlayGroup Guidelines.

Big Kids Open Gym provides children 5–15 years a chance to try out equipment and meet new friends.

Parents/guardians may not be in the gym. Staff is on hand to ensure safety and enforce equipment rules. Some equipment may be off limits based on experience, age, or capacity.



GOALS

- 1. Allowing children to develop social skills at their own pace.
- 2. Building a child's emotional confidence.
- 3. Encouraging physical activity.
- 4. Supporting children's imagination and creativity.







