

SPRING BREAK GROUP EX SCHEDULE



The following classes will have changes for Spring Break Week:

Monday, April 21st

- 5:15 PM: Indoor Cycle will be Virtual Les Mills RPM.

Tuesday, April 22nd

- 5:15 AM: Indoor Cycle will be Virtual Les Mills RPM.
- 8:30 AM: Body Pump will be Virtual Les Mills Body Pump.

Wednesday, April 23rd

- 9:15 AM: Sound Bath will be cancelled.

Thursday, April 24th

- 8:30 AM: Body Pump will be Virtual Les Mills Body Pump.



WATERTOWN FAMILY YMCA



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