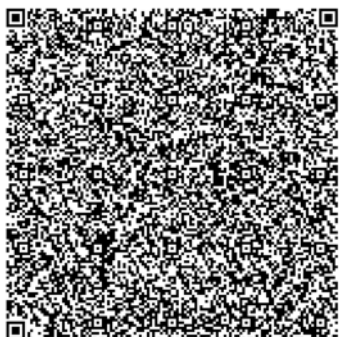


FAIRGROUNDS YMCA
585 Rand Drive
Watertown, New York 13601

For program questions contact:
Paul Passino
Email: ppassino@nnyymca.org
Phone: 315.755.9622

For more information on programs,
memberships, services, and to
register: watertownymca.org



**SCAN QR CODE
TO REGISTER**

Check out these other great
YMCA programs:

- Kicks 4 Kids
- STEAM & Sports
- Private Soccer Lessons



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York
Community Foundation



FAIRGROUNDS YMCA SOCCER SKILLS GOALKEEPER ACADEMY

9-17 YEARS

**REGISTRATION OPENS
APRIL 18, 2025**



WHAT YOU NEED TO KNOW

Ages: 9-17 Years

Location: Fairgrounds YMCA

Start Date: July 7, 2025

End Date: August 11, 2025

Days & Times:

**Mondays:
3:15 – 4:30 PM**

6-Week Program Fees:

Members: \$76.00

Non-Members: \$90.00

Military: \$85.00

REQUIRED EQUIPMENT

Water Bottle

Sneakers or Indoor soccer shoes*

Athletic Clothing & Shin Guards

***Outdoor soccer cleats are not allowed**

SOCCER SKILLS GOALKEEPER ACADEMY

Watertown Family YMCA is very excited to offer Soccer Skills Goalkeeper Academy for athletes ages 9-17. This program will focus on improving athletes technical skills and their understanding of the Goalkeeper positions. This session will provide the personalized training a Goalkeeper needs to succeed in a team environment while having fun learning soccer skills.

INSTRUCTOR: OMAR SALAZAR

Omar Salazar is a decorated Afghanistan war veteran and current adult soccer player/coach. His experience includes traveling team, high school, college, and adult soccer.

His experience in youth coaching in the sports of basketball, football, soccer, and soccer official allows him to provide great insight, knowledge, and a skill-based learning approach to all in a wide area of age groups.

LESSONS SCHEDULE

- Proper warm ups & Goalkeeper stretches (Week 1 & 2)
- Proper set positions (Week 1 & 2)
- Angles and approach (Week 3 & 4)
- Dives & 1 on 1 (Week 3 & 4)
- Communication with defense (Week 3 & 4)
- Proper wall setup (Week 5 & 6)
- Highball gathering & attacking (Week 5 & 6)



WATERTOWNYMCA.ORG

