**FAIRGROUNDS YMCA** 585 Rand Drive Watertown, New York 13601

For program questions contact: Paul Passino Email: ppassino@nnyymca.org Phone: 315.755.9622

For more information on programs, memberships, services, and to register: **watertownymca.org** 



Check out these other great YMCA programs:

- Spring Soccer League
- STEAM & Sports
- Soccer Skills Academy





#### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.







# FAIRGROUNDS YMCA STICKS 4 KIDS COED LACROSSE

APRIL – JUNE '25 3–10 YEARS

## **REGISTRATION OPENS** MARCH 17, 2025



### WHAT YOU NEED TO KNOW

Ages: 3–10 Years Location: Small Soccer Field Start Date: April 28, 2025 End Date: June 9, 2025 No Classes May 26th

#### Days & Times:

#### Mondays

3–4 Years:	5:45- 6:30 PM
5–7 Years:	6:30 - 7:15 PM
8-10 Years:	7:15 - 8:00 PM

**Program Fees:** 

Members: \$44.00 Non–Members: \$57.00 Military: \$52.00

### **COED STICKS 4 KIDS**

This six-week introductory lacrosse program is for boys and girls ages 3 – 10 Years. Children will learn the basic fundamentals of the game while having FUN!

As one of the fastest growing teams sports in the U.S., lacrosse builds speed, agility and coordination, as well as teamwork and confidence.

LACROSSE STICK & GOGGLES provided or bring your own.

## **REQUIRED EQUIPMENT**

Water Bottle Sneakers or Indoor soccer shoes\* Athletic Clothing Shin Guards

\*Outdoor soccer cleats are not allowed

## WHAT WE WILL COVER:

- Lacrosse Vocabulary
- Catching
- Scooping
- Throwing
- Gameplay
- Teamwork

