**FAIRGROUNDS YMCA** 585 Rand Drive Watertown, New York 13601

For program questions contact: Paul Passino Email: ppassino@nnyymca.org Phone: 315.755.9622

For more information on programs, memberships, services, and to register: **watertownymca.org** 



SCAN QR CODE

Check out these other great YMCA programs:

- High School Setters Camp
- Adventure Camp
- BR Youth Volleyball Clinic







#### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA,** provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.







UNITED WAY OF NORTHERN NEW YORK CHILD & YOUTH SERVICES



# BEAVER RIVER HIGHSCHOOL GIRLS VOLLEYBALL CLINIC

**GRADES: 7 – 12** 

### **REGISTRATION OPENS APRIL 1, 2025**



# WHAT YOU NEED TO KNOW

Ages: Grades 7–12 Location: Beaver River High School Days and Times: Monday – Thursday 9:00 AM – 2:00 PM Start Date: June 30, 2025 End Date: July 3, 2025 Program Fees: \$84.00 Per Player

Register in-person at the Fairgrounds YMCA, by mail, email, or online at www.watertownymca.org Email: ascheg@nnyymca.org

Water Bottle

**Athletic Clothing** 

Sneakers

**Knee Pads** 



### **REQUIRED EQUIPMENT**

# **BRHS GIRLS VOLLEYBALL CLINIC**

Coach Gene Sundberg is dedicated to to delivering a premium volleyball education that has lasting impact on student-athletes' lifetime.

Gene will demonstrate, and provide important feedback to help athletes improve in all aspects of the game.

His goal is to use a combination of individual skill development, multi-contact drills, and competitive sessions to apply the learned skills.

### **SKILLS COVERED**

- Passing
- Digging
- Teamwork
- Conditioning
- Blocking
- Serving
- Setting
- Spiking

### **REGISTRATION INFORMATION**

Name:
Date of Birth: Grade:
Address:
Phone:
Emergency Contact
Name:
Phone:
<b>REQUIRED WAIVER:</b> Participant specifically assume all risks of injury arising out of his/her presence on the premises of the Young Men's Christian Association (the "YMCA"), my use of its equipment or facilities and my partici- pation in its activities, whether on its premises or at another location, and for myself and my heirs and assigns hereby waive, release and agree to hold free from all claims for damages the YMCA and its officers, directors, members, employees or agents. I understand the risks and dangers involved in participating in the programs and activities of the

participating in the programs and activities of the YMCA, am physically capable of participating in such programs and agree not to participate in any activity that may injure myself or others.

#### Parent / Guardian Signature (Required)

To register by mail, send registration form and payment to: Fairgrounds YMCA, 585 Rand Dr. Watertown, NY 13601 Must be received by June 23, 2023.