DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
Adrienne Alteri
Email: aalteri@nnyymca.org
Phone: 315.755.2130

For more information on programs, memberships, services, and to register: **watertownymca.org**

SCAN QR CODE TO REGISTER

Check out these other great YMCA programs:

- Indoor Soccer League
- Adult Swim Lessons
- Group Ex
- Volleyball

GATEWAY FINANCIAL SCHOLARSHIP
To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA,** provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.

Northern New York
Community Foundation

United Way
UNITED WAY OF NORTHERN NEW YORK

DOWNTOWN YMCA
MORNING PICKLEBALL LEAGUE
ADULT (18+)

REGISTRATION OPENS FEBRUARY 24, 2025

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WHAT YOU NEED TO KNOW

Ages: Adult (18$^+$)

Location: Downtown Racquet Center

Session 1:

Start Date: March 4, 2025

End Date: March 27, 2025

Session 2:

Start Date: April 1, 2025

End Date: April 29, 2025

Days & Times:
Tuesdays & Thursdays
9:00 – 11:00 AM

Program Fee:
Members: $37.00
Non-Members: $77.00
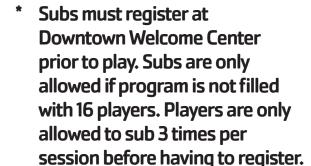Military: $67.00

Sub Fee Per Game*:
League Members: FREE
Y Members: $5.00
Non-Members: Day Pass

MORNING PICKLEBALL LEAGUE

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. The court is the same size as a doubles badminton court and the same court is used for both singles and doubles play. Pickleball is played with a paddle and a plastic ball with holes.

- **20 to 25 Players / 4 courts**
- **120 Minutes / Twice a Week**
- **Players may rotate between courts**
- **Advanced player option available on 1 court**

REQUIRED EQUIPMENT
Court Sneakers (Non Marking Soles)
Athletic Clothing
Water Bottle
Paddles and Balls Provided

* Subs must register at Downtown Welcome Center prior to play. Subs are only allowed if program is not filled with 16 players. Players are only allowed to sub 3 times per session before having to register.

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