

DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
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For more information on programs,
memberships, services, and to
register: watertownymca.org



Watertown Family YMCA Youth
Empowerment Program (YEP)
internships are funded by the
Department of Labor Workforce
Pathways for Youth Grant.



SCAN QR CODE TO
DOWNLOAD AND
PRINT APPLICATION



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York
Community Foundation



WATERTOWN FAMILY YMCA YOUTH EMPOWERMENT PROGRAM (YEP) SESSION 3

AGES 14-21 YEARS

**REGISTRATION
DEADLINE
MARCH 14, 2025**



WHAT YOU NEED TO KNOW

Ages: Youth 14 – 21 Years

Location: Downtown YMCA

Session Length: 8 Weeks
4 Hours per week (paid time)

Session 3:
April 7th–June 6th

Where can you be placed?

Depending on your interest, options exist in many different departments within the Watertown Family YMCA including gymnastic, sports, Child Watch, and more.

YOUTH EMPOWERMENT PROGRAM

The Watertown Family YMCA is thrilled to announce that we have been awarded the Department of Labor's Youth Workforce Pathways Grant! This grant will enable the YMCA to expand its support for youth ages 14–21, with a special focus on reaching and empowering those who have historically been underserved in their communities.

Our mission, through this initiative, is to provide greater access to essential resources such as skill development, workforce training, and job placement. By doing so, the YMCA aims to open doors to new opportunities and set local youth on a path to success in their future careers.

If you're passionate about making a difference, join the YMCA team! You'll collaborate with experienced staff in workforce development, leadership, and skills training to help shape the future of your community's youth.

Together, we can create brighter futures for our youth!

Session 3 Required Intern Meetings:

Launch Meeting:

April 3 4:30 – 6:30 PM

This meeting will onboard interns to the payroll system, review job expectations and code of conduct, and emphasize the Wings of Change Leadership and Team-Building program.

Mid Empowerment Meeting:

May 14 4:30 – 6:00 PM

Wrap Up – Empowerment Meeting:

June 5 4:30 – 6:00 PM

Your schedule will be covered at the initial Launch Meeting.



REQUIRED: Completed application submitted by March 14, 2025



WATERTOWNYMCA.ORG