

DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
Adrienne Alteri
Email: aalteri@nnyymca.org
Phone: 315.755.2130

For more information on programs,
memberships, services, and to
register: watertownymca.org



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York
Community Foundation



DOWNTOWN YMCA POP TENNIS LEAGUE ADULT (18+)

**REGISTRATION OPENS
FEBRUARY 3, 2025**

Check out these other great YMCA programs:

- Red Ball Youth Tennis
- Doubles Tennis
- Pickleball Leagues
- Pickleball Clinics



WHAT YOU NEED TO KNOW

Ages: Adult (18+)

Location: Downtown Racquet Center

Start Date: February 11, 2025

End Date: April 15, 2025

Days & Times:

Tuesdays

Slot 1: 2:00 – 3:00 PM

Slot 2: 3:00 – 4:00 PM

Slot 3: 4:00 – 5:00 PM

Slot 4: 5:00 – 6:00 PM

Slot 5: 6:00 – 7:00 PM

Slot 6: 7:00 – 8:00 PM

Program Fee:

Members: \$105.00

Non-Members: \$145.00

Military: \$135.00

Sub Fee Per Game*:

League Members: FREE

Y Members: \$5.00

Non-Members: Day Pass

*** Subs must register at Downtown Welcome Center prior to play.**

ADULT POP TENNIS LEAGUE

POP Tennis is the new POPular type of tennis with a twist on paddle tennis dating back to 1898 and is being played across the USA and around the world.

POP Tennis is Tennis, just played on shorter tennis courts with shorter rackets, low compression tennis balls, and the same scoring and rules as tennis – except with only underhand serve.

POP Tennis is a fun, social, work out that everyone can play and enjoy–for a lifetime!

BEGINNER AND EXPERIENCED PLAYERS WELCOME!



REQUIRED EQUIPMENT

Water Bottle & Athletic Clothing

Non-Marking Court Sneakers

Paddles & Balls provided



Players must contact Adrienne Alteri for match play before registration.

**Email: aalteri@nnyymca.org
Phone: 315.782.2130**



WATERTOWNYMCA.ORG