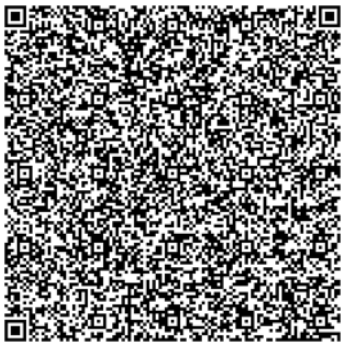


**DOWNTOWN YMCA**  
146 Arsenal Street  
Watertown, New York 13601

For program questions contact:  
Adrienne Alteri  
Email: [aalteri@nnyymca.org](mailto:aalteri@nnyymca.org)  
Phone: 315.755.2130

For more information on programs,  
memberships, services, and to  
register: [watertownymca.org](http://watertownymca.org)



**SCAN QR CODE  
TO REGISTER**

**Check out these other great  
YMCA programs:**

- Indoor Soccer League
- Adult Swim Lessons
- Group Ex
- Volleyball



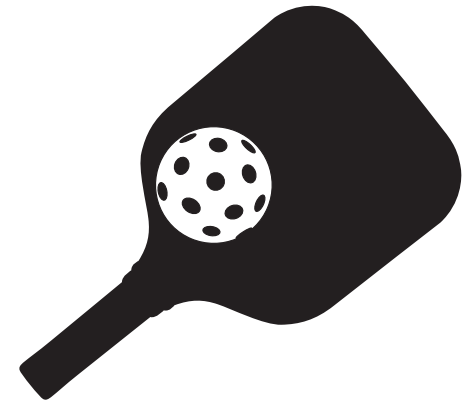
**GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York  
Community Foundation



**DOWNTOWN YMCA  
BEGINNER/  
INTERMEDIATE EVENING  
PICKLEBALL LEAGUE  
ADULT (18+)**

**REGISTRATION OPENS  
DECEMBER 2, 2024**



## WHAT YOU NEED TO KNOW

**Ages: Adult (18+)**

**Location: Downtown Racquet Center**

**Start Date: January 7, 2025**

**End Date: March 11, 2025**

**Days & Times:**

**Tuesdays**

**5:00 – 7:00 PM**

**Program Fee:**

**Members: \$60.00**

**Non-Members: \$100.00**

**Military: \$90.00**

**Sub Fee Per Game\*:**

**League Members: FREE**

**Y Members: \$5.00**

**Non-Members: Day Pass**

**\* Subs must register at Downtown Welcome Center prior to play.**

**Players are only allowed to sub 3 times per session before having to register.**

## BEGINNER/INTERMEDIATE EVENING PICKLEBALL LEAGUE

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. The court is the same size as a doubles badminton court and the same court is used for both singles and doubles play. Pickleball is played with a paddle and a plastic ball with holes.

The beginner/Intermediate program is for players who have just learned the game of pickleball or who are still learning and want to play a slower recreational game.

- **20 to 25 Players / 4 courts**
- **120 Minutes / Once a Week for 10 Weeks**
- **Players may rotate between courts**
- **One court will be the challenge court**
- **Beginner & Intermediate only**



### REQUIRED EQUIPMENT

Court Sneakers (Non Marking Soles)

Athletic Clothing

Water Bottle

Paddles and Balls Provided



**WATERTOWNYMCA.ORG**