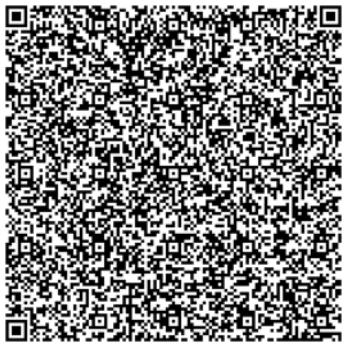


DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
Adrienne Alteri
Email: aalteri@nnyymca.org
Phone: 315.755.2130

For more information on programs,
memberships, services, and to
register: watertownymca.org



**SCAN QR CODE
TO REGISTER**

Check out these other great
YMCA programs:

- Indoor Soccer League
- Adult Swim Lessons
- Group Ex
- Volleyball



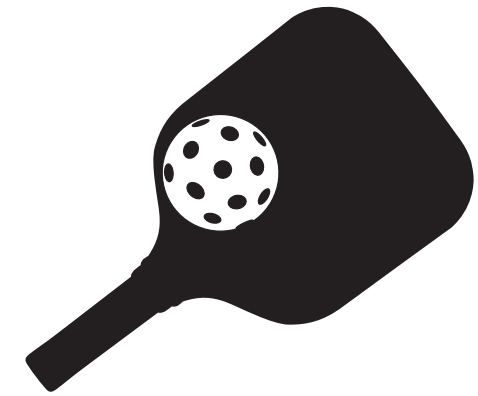
GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York
Community Foundation



**DOWNTOWN YMCA
ADVANCED
COMPETITIVE EVENING
PICKLEBALL LEAGUE
ADULT (18+)**

**REGISTRATION OPENS
DECEMBER 2, 2024**



WHAT YOU NEED TO KNOW

Ages: Adult (18+)

Location: Downtown Racquet Center

Start Date: January 9, 2025

End Date: March 13, 2025

Days & Times:

Thursdays

5:00 – 7:00 PM

Program Fee:

Members: \$60.00

Non-Members: \$100.00

Military: \$90.00

Sub Fee Per Game*:

League Members: FREE

Y Members: \$5.00

Non-Members: Day Pass

*** Subs must register at Downtown Welcome Center prior to play.**

Players are only allowed to sub 3 times per session before having to register.

ADVANCED COMPETITIVE EVENING PICKLEBALL LEAGUE

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. The court is the same size as a doubles badminton court and the same court is used for both singles and doubles play. Pickleball is played with a paddle and a plastic ball with holes.

The advanced/competitive program is for players who have been playing quite frequently and are very competitive with points coming from smashes and hard low place balls.

- **20 to 25 Players / 4 courts**
- **120 Minutes of game play**
- **Once a week for 10 weeks**
- **Players may rotate between courts**
- **One court will be the challenge court**
- **Advanced competitive players only**



REQUIRED EQUIPMENT

Court Sneakers (Non Marking Soles)

Athletic Clothing

Water Bottle

Paddles and Balls Provided



WATERTOWNYMCA.ORG