

**DOWNTOWN YMCA**  
146 Arsenal Street  
Watertown, New York 13601

For program questions contact:  
Adrienne Alteri  
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Phone: 315.755.2130

For more information on programs,  
memberships, services, and to  
register: [watertownymca.org](http://watertownymca.org)



**SCAN QR CODE  
TO REGISTER**

**Check out these other great  
YMCA programs:**

- Red Ball Youth Tennis
- Doubles Tennis Leagues
- Swim Lessons



**GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York  
Community Foundation



**DOWNTOWN YMCA  
ADULT/JUNIOR  
TENNIS CLINIC  
13 YEARS - ADULT**

**REGISTRATION OPENS  
OCTOBER 7, 2024**



## WHAT YOU NEED TO KNOW

**Ages: 13 Years – Adult**

**Location: Downtown Racquet Center**

**Days & Times:**

**Monday 6:00 – 7:00 PM**

- November 11th
- December 9th

**Program Fee: (per session)**

**Members: \$20.00**

**Non-Members: \$40.00**

**Military: \$35.00**

## ADULT/JUNIOR TENNIS CLINIC

Discover the joy of tennis as a life-long sport. The clinic covers the basics with an emphasis on **FUNdamentals**.

### SKILLS COVERED

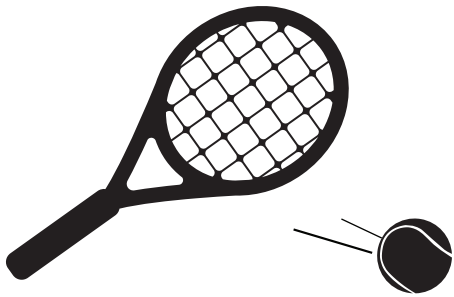
- Proper tennis grips
- Forehand swings
- Backhand swings
- Footwork
- Scoring

Class will end with match play.



**Child Watch/Kids Adventure is open  
4:15 – 7:15 PM.**

**\*Family or Single Parent Family  
membership is required.**



### REQUIRED EQUIPMENT

Water Bottle

Athletic clothing & Sneakers

Racquet & Balls provided



**WATERTOWNYMCA.ORG**