

DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
Adrienne Alteri
Email: aalteri@nnyymca.org
Phone: 315.755.2130

For more information on programs,
memberships, services, and to
register: watertownymca.org



SCAN QR CODE
TO REGISTER

Check out these other great
YMCA programs:

- Indoor Soccer League
- Adult Swim Lessons
- Group Ex
- Volleyball



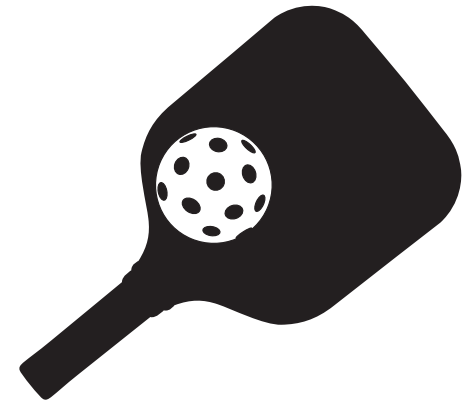
GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York
Community Foundation



DOWNTOWN YMCA INTERMEDIATE/ BEGINNER EVENING PICKLEBALL LEAGUE ADULT (18+)

REGISTRATION OPENS
AUGUST 5, 2024



WHAT YOU NEED TO KNOW

Ages: Adult (18+)

Location: Downtown Racquet Center

Start Date: October 15, 2024

End Date: December 19, 2024

Days & Times:

**Tuesdays or Thursdays
5:00 - 6:30 PM**

Program Fee:

Members: \$60.00

Non-Members: \$100.00

Military: \$90.00

Sub Fee Per Game*:

League Members: FREE

Y Members: \$5.00

Non-Members: Day Pass

*** Subs must register at
Downtown Welcome Center
prior to play.**

**Players are only allowed to sub 3
times per session before having
to register.**

INTERMEDIATE/BEGINNER EVENING PICKLEBALL LEAGUE

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. The court is the same size as a doubles badminton court and the same court is used for both singles and doubles play. Pickleball is played with a paddle and a plastic ball with holes.

The beginner/Intermediate program is for players who have just learned the game of pickleball or who are still learning and want to play a slower recreational game.

- **20 to 25 Players / 4 courts**
- **90 Minutes / Once a Week for 10 Weeks**
- **Players may rotate between courts**
- **One court will be the challenge court**
- **Beginner & Intermediate only**



REQUIRED EQUIPMENT

Court Sneakers (Non Marking Soles)

Athletic Clothing

Water Bottle

Paddles and Balls Provided



WATERTOWNYMCA.ORG