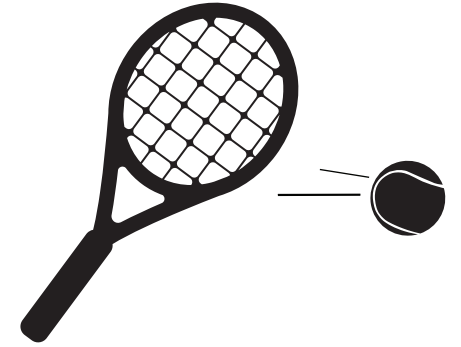


**DOWNTOWN YMCA**  
146 Arsenal Street  
Watertown, New York 13601

For program questions contact:  
Adrienne Alteri  
Email: [aalteri@nnyymca.org](mailto:aalteri@nnyymca.org)  
Phone: 315.755.2130

For more information on programs,  
memberships, services, and to  
register: [watertownymca.org](http://watertownymca.org)



**DOWNTOWN YMCA**  
**EVENING DOUBLES**  
**TENNIS LEAGUE**  
**ADULT (18+)**

Check out these other great  
YMCA programs:

- Red Ball Youth Tennis
- Daytime Doubles Tennis
- Pickleball Evening League
- Pickleball Clinics
- Fall Swim Lessons



**GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York  
Community Foundation



## WHAT YOU NEED TO KNOW

**Ages: Adult (18+)**

**Location: Downtown Racquet Center**

**Start Date: November 18, 2024**

**End Date: January 5, 2024**

**Days & Times:**

**Mondays OR Wednesdays**

**Slot 1: 4:30 – 6:00 PM**

**Slot 2: 6:00 – 7:30 PM**

**Slot 3: 7:30 – 9:00 PM**

**No Matches 12/23, 12/25, 1/1**

**Program Fee:**

**Members: \$155.00**

**Non-Members: \$195.00**

**Military: \$185.00**

**Registration Must Be Completed  
In-Person at Welcome Center**

**Sub Fee Per Game\*:**

**League Members: FREE**

**Y Members: \$5.00**

**Non-Members: Day Pass**

**\* Subs must register at  
Downtown Welcome Center  
prior to play.**

## EVENING DOUBLES TENNIS

In doubles tennis, you and a partner play against another team of two players using the full court between the baselines and the doubles sidelines.

When you play doubles tennis, it forces you to think more strategically about where your serves need to land and how fast they need to be, which can totally change the way you play. Discover the joy of tennis as a life-long sport.

Each group will have a captain to manage subs and rotation.

- **Mondays OR Wednesdays**
- **10 Weeks / Games**
- **Mondays: 4 Players per time slot**
- **Wednesdays: 8 Players per time slot**
- **90 Minutes / Once a Week**

### REQUIRED EQUIPMENT

Water Bottle & Athletic Clothing

Non-Marking Court Sneakers

Racquet & Balls provided



**Players must contact Adrienne Alteri by August 30th for match play before registration.**

**Email: [aalteri@nnyymca.org](mailto:aalteri@nnyymca.org)  
Phone: 315.755.2130**



**WATERTOWNYMCA.ORG**