



**WATERTOWN FAMILY YMCA  
FALL 2024  
Adult & Youth Tennis  
SEE BROCHURES FOR DETAILS**

**ADULT/JUNIOR TENNIS CLINICS** Ages 12- Adult  
Discover the joy of tennis as a life-long sport. The clinic covers the basics with an emphasis on FUNdamentals.

**Skills Covered:**

- Proper tennis grips
- Forehand swings
- Backhand swings
- Footwork
- Scoring

Class will end with match play.

Monday 6:00 – 7:00 PM

- September 16th
- October 14th

Program Fee (per sessions):

- Member: \$20.00
- Non-Member: \$40.00
- Military: \$35.00

**DAYTIME DOUBLES TENNIS LEAGUES**

Tuesdays & Thursdays

- Slot 1: 7:00 – 8:30 AM
- Slot 2: 8:30 – 10:00 AM
- Slot 3: 10:00 AM – 11:30 PM
- Slot 4: 11:30 – 1:00 PM

Program Fee:

- Members: \$354.00
- Non-Members: \$410.00
- Military: \$400.00

Sub Fee Per Game\*:

- League Members: FREE
- Y Members: \$5.00
- Non-Members: Day Pass

\* Subs must register at Downtown YMCA Welcome Center prior to play.

**EVENING DOUBLES TENNIS LEAGUES**

Mondays OR Wednesdays

- Slot 1: 4:30 – 6:00 PM
- Slot 2: 6:00 – 7:30 PM
- Slot 3: 7:30 – 9:00 PM

Program Fee\*:

- Members: \$180.00
- Non-Members: \$220.00
- Military: \$210.00

\* Registration must be completed in-person at Downtown YMCA Welcome Center

Sub Fee Per Game\*:

- League Members: FREE
- Y Members: \$5.00
- Non-Members: Day Pass

\* Subs must register at Downtown YMCA Welcome Center prior to play.

**RED BALL YOUTH TENNIS** Ages 5-12 years

Beginners will have fun learning to build tennis skills on a 36-foot court. Participants will gain hand eye coordination, footwork, tennis court awareness, knowledge of forehand and backhand basics, and serving.

**Red Ball Pre-Rally:** Participants will learn how to hold the racquets, track the ball, and control movements to build towards tennis skills.

Fun activities and games will keep them focused on the FUNdamentals of Tennis.

**Red Ball 3:** Children will have fun learning to build tennis skills on a 36-foot court. Participants will learn footwork, tennis court awareness, knowledge of a forehand, a backhand and serving, and gain hand eye coordination.

**RED BALL PRE-RALLY: September 25th- October 30th**

- Wednesdays : 4:00 – 5:00 PM
- Saturdays: 1:00 – 2:00 PM

**RED BALL 3: September 28th- November 2nd**

- Wednesdays: 5:00 – 6:00 PM
- Saturdays: 2:00 – 3:00 PM

Program Fee:

- Members: \$80
- Non-Members: \$125
- Military: \$115

**All levels of Red Ball Youth Tennis are one 60-minute class per day for 6 weeks.**

Program Fee:

- Member: \$80.00
- Non-Member: \$125.00
- Military: \$115.00



## PRIVATE & SEMI-PRIVATE LESSONS

### PRIVATE: 1 PERSON

One 60-minute session with Y Staff

Member: \$65.00 Non-Member: \$75.00

One 60-minute session with Y Pro

Member: \$75.00 Non-Member: \$85.00

### SEMI-PRIVATE: 2 PEOPLE

60-minute session with Y Staff

Member: \$35.00 Non-Member: \$40.00

60-minute session with Y Pro

Member: \$40.00 Non-Member: \$50.00

90-minute session with Y Staff

Member: \$48.00 Non-Member: \$58.00

90-minute session with Y Pro

Member: \$58.00 Non-Member: \$68.00

### GROUP LESSONS: 3 PEOPLE

60-minute session with Y Staff

Member: \$24.00 Non-Member: \$32.00

60-minute session with Y Pro

Member: \$28.00 Non-Member: \$38.00

90-minute session with Y Staff

Member: \$34.00 Non-Member: \$44.00

90-minute session with Y Pro

Member: \$42.00 Non-Member: \$52.00

### CLINIC: 4+ PEOPLE

60-minute session with Y Staff

Member: \$18.00 Non-Member: \$28.00

60-minute session with Y Pro

Member: \$22.00 Non-Member: \$32.00

90-minute session with Y Staff

Member: \$25.00 Non-Member: \$35.00

90-minute session with Y Pro

Member: \$32.00 Non-Member: \$42.00

## LESSON PACKAGES

Participants must have an active membership to sign up for Lesson packages. Lessons must be paid for prior to the first lesson and will be scheduled during the registration process. Cancellations should be at least 24 hours in advance. A no-show will be counted towards package amount.

Lesson package options include:

Private: 1 Person

Five 60-minute sessions with Y staff: \$300.00

Five 60-minute sessions with Y Pro: \$350.00

Semi-Private: 2 People

Five 60-minute sessions with Y staff: \$162.00

Five 60-minute sessions with Y Pro: \$190.00

## COURT RATES (per hour)

Members can reserve courts up to 7 days in advance. To reserve a court time, download the Court Reserve app. Court Reservation payments are made in Court Reserve app.

### MONDAY - FRIDAYS

5:00 - 7:00 AM: \$20.00 per hour

7:00 AM - 9:00 PM: \$40.00

### AFTERNOON DISCOUNT

12:30 - 2:30 PM: \$20.00 per hour

### SATURDAY & SUNDAY

6:00 AM - 5:00 PM: \$40.00 per hour

### WALK ON COURT RATE

(1 Hour or less before playing)

\$30.00 per hour

### TENNIS GUESTS

\$12 Day Pass plus court fee.

## BALL MACHINE RENTAL

The ball machine is available to members and non-members for use at \$10 per hour plus court fee.

For online access to info on programs, lessons, leagues, and pricing  
**SCAN THE QR CODE .**



[watertownymca.org/racquet-sports](http://watertownymca.org/racquet-sports)

SCAN QR CODE FOR  **COURT RESERVE**



APPLE APP STORE



GOOGLE PLAY



# WATERTOWN FAMILY YMCA Pickleball & POP Tennis Leagues and Clinics

SEE BROCHURES FOR DETAILS

## PICKLEBALL LEAGUES

### MORNING PICKLEBALL LEAGUES

A 90-minute, morning league for Adults. Games played twice a week for 10 weeks.

Tuesdays & Thursdays

8:00 - 9:30 AM / 9:30 - 11:00 AM / 11:00 AM - 12:30 PM

Program Fee:

Members: \$100.00

Non-Members: \$140.00

Military: \$130.00

### EVENING PICKLEBALL LEAGUES

A 90-minute, evening league for Adults. Games played twice a week for 10 weeks.

**Beginner / Intermediate**

Tuesdays or Thursdays: 5:00 - 6:30 PM

**Advanced**

Tuesdays or Thursdays: 6:30 - 8:00 PM

Program Fee:

Members: \$60.00

Non-Members: \$100.00

Military: \$90.00

Sub Fee Per Game\*:

League Members: FREE

Y Members: \$5.00

Non-Members: Day Pass

\* Subs must register at Downtown Welcome Center prior to play.

## PICKLEBALL CLINIC Ages: 13 Years - Adult

**Clinic #1:** Learn the Basics

Pickleball is the fastest growing sport in the USA. This clinic will cover the rules, scoring, positioning and play! For beginners with no experience.

**Clinic #2\*:** Take your Pickleball game to another level!

Learn shot placement, movement with your doubles partner, dinking, and third shot drop.

**Clinic 2 Prerequisite:** Pickleball Clinic #1 and 10 games prior experience.

Pickleball Clinic #1

Monday, October 7th, 6:00 - 7:00 PM

Pickleball Clinic #2

Monday, October 7th, 7:00 - 8:00 PM

Program Fee (per clinic):

Member: \$20.00

Non-Member: \$35.00

Military: \$30.00

## COURT RATES

**Pickleball Member walk on rate: \$5.00 per person**

**Pickleball Guests: \$12 Day Pass plus court fee.**

**MONDAY - FRIDAY AFTERNOON DISCOUNT**

**12:30 - 2:30 PM: \$2.00 per person per hour**

## POP TENNIS LEAGUE

Pop Tennis is played with a paddle and green dot ball. Played very similarly to tennis with just one underhand serve on a 60-foot court. 60-minutes for 10 weeks. Adults 18+

Tuesdays

Slot 1: 3:00-4:00 PM

Slot 1: 4:00-5:00 PM

Slot 1: 5:00-6:00 PM

Slot 1: 6:00-7:00 PM

Slot 1: 7:00-8:00 PM

Slot 1: 8:00-9:00 PM

Program Fee:

Member: \$120.00

Non-Member: \$160.00

Military: \$150.00



For online access to info on programs, leagues, and pricing **SCAN THE QR CODE** .

To reserve a court time, download the Court Reserve app



For program questions contact: Adrienne Alteri / Email: aalteri@nnyymca.org / Phone: 315.782.3100

