

FAIRGROUNDS YMCA
585 Rand Drive
Watertown, New York 13601

For program questions contact:
Paul Passino
Email: ppassino@nnyymca.org
Phone: 315.755.9622

For more information on programs,
memberships, services, and to
register: watertownymca.org



SCAN QR CODE
TO REGISTER

Check out these other great
YMCA programs:

- STEAM & Sport
- Kicks 4 Kids
- Rookie Baseball
- Rookie Hoops



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York
Community Foundation



UNITED STATES ARMY
CHILD & YOUTH SERVICES



FAIRGROUNDS YMCA FALL COED STICKS 4 KIDS & MINI STICKS

18 MONTHS-12 YEARS

REGISTRATION OPENS
AUGUST 8, 2024



WHAT YOU NEED TO KNOW

Ages: 18 Months – 12 Years

Location: Indoor Small Soccer Field

Start Date: September 16, 2024

End Date: October 21, 2024

Days & Times:

Mondays:

Mini (Parent & Tot)

18 Mo. – 3 Years: 4:45 – 5:15 PM

Rookie

4 – 5 Years: 5:15 – 6:00 PM

6 – 8 Years: 6:00 – 6:45 PM

9 – 12 Years: 6:45 – 7:30 PM

Program Fees:

Member: \$44.00

Non-Member: \$57.00

Military: \$52.00

**MINI (PARENT & TOT) PARTICIPANTS
MUST BE ACCOMPANIED BY A
PARENT OR GUARDIAN.**

FALL COED STICKS 4 KIDS & MINI STICKS

This six-week introductory lacrosse program is for boys and girls ages 18 Months – 12 Years. Children will learn the basic fundamentals of the game while making friends and having FUN!

As one of the fastest growing teams sports in the U.S., lacrosse builds speed, agility and coordination, as well as teamwork and confidence.

WHAT WE WILL COVER:

- Lacrosse Vocabulary
- Catching
- Scooping
- Throwing
- Gameplay
- Teamwork
- Positioning



REQUIRED EQUIPMENT

- Water Bottle
- Sneakers or Indoor Shoes*
- Athletic Clothing
- Mouth Guard
- *Outdoor cleats are not allowed



WATERTOWNYMCA.ORG