**FAIRGROUNDS YMCA** 585 Rand Drive Watertown, New York 13601

For program questions contact: Paul Passino, Branch Director Email: ppassino@nnyymca.org

Alex Scheg, Sports & Recreation Dir. Email: ascheg@nnyymca.org

Phone: 315.755.9622

For more information on programs, memberships, services, and to register: **watertownymca.org** 



SCAN QR CODE TO REGISTER

Check out these other great YMCA programs:

- Archery
- Kicks 4 Kids

STEAM & Sports



#### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA,** provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.







UNITED WAY OF NORTHERN NEW YORK CHILD&YOUTH SERVICES



## FAIRGROUNDS YMCA HOMESCHOOL GYM 5-14 YEARS

#### **REGISTRATION OPENS AUGUST 8, 2024**



# WHAT YOU NEED TO KNOW

Ages: 5–14 Years Location: Gym & Soccer Fields

## Session 1:

Start Date: September 3, 2024

End Date: October 22, 2024

## Session 2:

Start Date: October 29, 2024

End Date: December 17, 2024

#### Days & Times:

Tuesdays 12:15–1:00 PM (5 – 9 Years) 1:00–1:45 PM (10 – 14 Years)

**Program Fees:** 

Member: \$64.00 Non-member: \$82.00 Military: \$77.00

# HOMESCHOOL GYM

YMCA The Watertown Family Homeschool Gym program is a great way to work physical activity, healthy living, socialization and play into your Homeschool curriculum. The goal of the gym classes is participation in planned individual and cooperative physical activities promoting the students' optimum physical, mental, emotional, and social development through a focus fitness and sports while on developing social relationships.

### WHAT WE WILL COVER:

- Kickball
- Soccer
- Basketball
- Volleyball
- Lacrosse
- Baseball
- Floor Hockey
- Gym Games
- Fitness Skills





**REQUIRED EQUIPMENT** Water Bottle Sneakers Athletic Clothing

