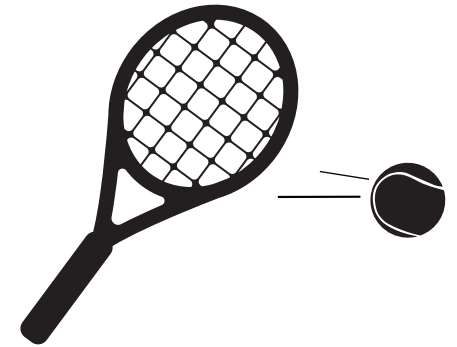


DOWNTOWN YMCA
146 Arsenal Street
Watertown, New York 13601

For program questions contact:
Adrienne Alteri
Email: aalteri@nnyymca.org
Phone: 315.755.2130

For more information on programs,
memberships, services, and to
register: watertownymca.org



DOWNTOWN YMCA
DAYTIME DOUBLES
TENNIS LEAGUE
ADULT (18+)

REGISTRATION OPENS
AUGUST 1, 2024

Check out these other great
YMCA programs:

- Red Ball Youth Tennis
- Daytime Doubles Tennis
- Pickleball Evening League
- Pickleball Clinics
- Fall Swim Lessons



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York
Community Foundation



WATERTOWNYMCA.ORG

WHAT YOU NEED TO KNOW

Ages: Adult (18+)

Location: Downtown Racquet Center

Start Date: September 10, 2024

End Date: November 14, 2024

Days & Times:

Tuesdays & Thursdays

Slot 1: 8:00 – 9:30 AM

Slot 2: 9:30 – 11:00 AM

Slot 3: 11:00 AM – 12:30 PM

Slot 4: 12:30 – 2:00 PM

Program Fee:

Members: \$354.00

Non-Members: \$410.00

Military: \$400.00

**Registration Must Be Completed
In-Person at Welcome Center**

Sub Fee Per Game*:

League Members: FREE

Y Members: \$5.00

Non-Members: Day Pass

*** Subs must register at
Downtown Welcome Center
prior to play.**

DAYTIME DOUBLES TENNIS

In doubles tennis, you and a partner play against another team of two players using the full court between the baselines and the doubles sidelines.

When you play doubles tennis, it forces you to think more strategically about where your serves need to land and how fast they need to be, which can totally change the way you play. Discover the joy of tennis as a life-long sport.

Each group will have a captain to manage subs and rotation.

- **10 Weeks / 20 Games**
- **4 Players / 1 court**
- **90 Minutes / Twice a Week**

REQUIRED EQUIPMENT

Water Bottle & Athletic Clothing

Non-Marking Court Sneakers

Racquet & Balls provided



Players must contact Adrienne Alteri by August 30th for match play before registration.

**Email: aalteri@nnyymca.org
Phone: 315.755.2130**



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