CARTHAGE YMCA

250 State St Carthage, NY 13619

For program questions contact: Keith Gipson

Email: kgipson@nnyymca.org

Phone: 315.493-3286

For more information on programs, memberships, services, and to register: watertownymca.org



SCAN QR CODE TO REGISTER

Check out these other great YMCA programs:

- Group Ex Classes
- Child Watch
- Gymnastics



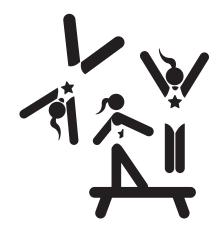


GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the Northern New York Community Foundation, the WATERTOWN FAMILY YMCA, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.





CARTHAGE YMCA
2024–2025
WARRIOR NINJA

2-18 YEARS

REGISTRATION OPENS AUGUST 7, 2024



WHAT YOU NEED TO KNOW

Ages: 2 – 18 years

Start Date: September 4, 2024

End Date: June 25, 2025

Location: Carthage Gym

Days: Thursdays

2-4 Years: 5:00-5:30 PM 5-9 Years: 5:30-6:15 8-18 Years: 6:15-7:00

Program Fees: (Monthly)

2-4 Years (Parent and Ninja)

Member: \$34.00

Non-member: \$44.00

Military: \$39.00

5-9 Years

Member: \$40.00

Non-member: \$50.00

Military: \$45.00

8-18 Years

Member: \$40.00

Non-member: \$50.00

Military: \$45.00

CARTHAGE WARRIOR NINJA

WARRIOR NINJA features obstacle courses, running, jumping, climbing, crawling, and balancing elements designed to test speed and endurance. Utilizing an American Ninja Warrior-style obstacle course, this program offers a fun and creative way to develop confidence and increase body awareness through strength and conditioning.

Courses will be age appropriate for each group. Program will be led by Instructor Barb McHale.



NO CLASSES

- November 27th
- December 25th
- January 1st
- February 19th
- April 23rd



REQUIRED EQUIPMENTAthletic clothing

Water Bottle

No socks or shoes

Hair must be pulled back



















