

DOWNTOWN YMCA
146 Arsenal Street
Watertown, NY 13601

Samantha Hamilton
Email: shamilton@nnyymca.org
Phone: 315.782.3100

For more information on programs,
memberships, services, and to
register: watertownymca.org



SCAN QR CODE
FOR INFO

Check out these other great
YMCA programs:

- Swim Lessons
- Open Play Group
- Mini Sports



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



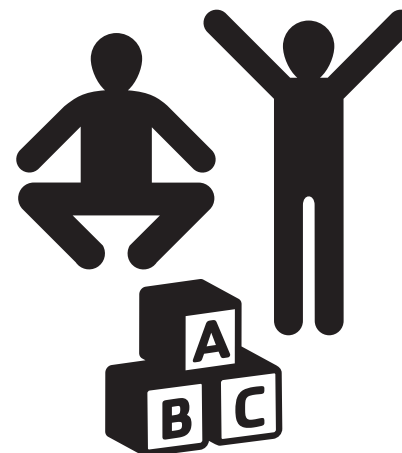
Northern New York
Community Foundation



UNITED WAY OF NORTHERN NEW YORK



UNITED STATES ARMY
CHILD & YOUTH SERVICES



**DOWNTOWN
CHILD WATCH
& KIDS ADVENTURE**
6 WEEKS - 12 YEARS



WATERTOWNYMCA.ORG

WHAT YOU NEED TO KNOW

SCHEDULE BY LOCATION*

Monday–Friday: 8:45–11:45 AM
Monday–Thursday: 4:30 –7:30 PM
Saturday: 8:15 AM–12:00 PM

* Schedules may be subject to change.

For questions contact:

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PARENT CHECKLIST

- ☐ Family or Single Family Membership
- ☐ Completed Registration Form
- ☐ Location in the Y Facility each visit
- ☐ Fresh Diaper Change
- ☐ Change of clothes if potty training
- ☐ Bottle if needed

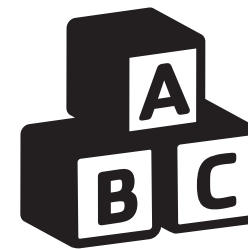
DOWNTOWN YMCA CHILD WATCH & KIDS ADVENTURE

- For children ages 6 weeks – 12 Years
- Parents must have a **Family or Single Family Membership** to use Child Watch.
- Child Watch slots are for **90 minutes**.
- **Parents must remain in the building while children are in Child Watch.**
- Babies need to be in fresh diapers and children should use the bathroom before arriving.
- A staff member may seek you out should your child be upset and inconsolable.
- Please label all your child's belongings, including drinks, bags, and coats. Limit bringing in toys from home.
- Please do not bring a child who has had a fever, rash, drainage from the eyes, vomiting, or diarrhea within the last 36 hours to Child Watch. If they exhibit any of these symptoms while in our care, we are required to have you pick up the child from Child Watch. Children who are too sick to go to school are too sick to come to Child Watch.
- The Y Staff will always treat children in our care with kindness and respect. We ask that the children do the same to the Staff and the other children utilizing the Child Watch Area. Our questions or concerns will be passed along to parents as well as information regarding your child's experiences.



Workout in comfort knowing your children are in good hands. The Y's Child Watch facilities are able to care for children from 6 weeks to 12 years of age while you exercise. Child Watch services allow members to pursue their own health and well-being, knowing that their children are safe, secure, and cared for in a positive environment.

We'll watch your children while you focus on you.



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