

FAIRGROUNDS YMCA
585 Rand Drive
Watertown, New York 13601

For program questions contact:
Janet Bleau, Gymnastics Director
Email: jbleau@nnyymca.org
Phone: 315.755.9622

For more information on programs,
memberships, services, and to
register: watertownymca.org

GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.

Check out these other great
YMCA programs:

- Fall Gymnastics
- Playgroup
- Big Kid Open Gymnastics



NO CLASSES

October 31st: Halloween, Morning classes only
November 27th – 29th: Thanksgiving Break
December 23rd – January 1st: Christmas Break
February 16th – 22nd: Winter Break
March 28th – 30th: Salute to Service Meet
April 18th – 26th: Easter/Spring Break
May 26th: Memorial Day

IMPORTANT DATES

June 8th: Parent Tot & Parent Ninja Showcase
June 21st – 22nd: Gymnastics Showcase
June 23rd: Last Day of Regular Classes
June 24th – 26th: Ninja Showcase



Northern New York
Community Foundation



UNITED STATES ARMY
CHILD & YOUTH SERVICES



FAIRGROUNDS YMCA
FALL NINJA
18 MONTHS – 13 YEARS

REGISTRATION OPENS
IN-HOUSE: JULY 24, 2024
ONLINE: JULY 31, 2024



WATERTOWNYMCA.ORG

WHAT YOU NEED TO KNOW

Ages: 18 Months - 13 Years

Start Date: September 4, 2024

End Date: June 27, 2025

Days: Monday - Saturday

Program Fees:

30-Minute Class

Member: \$37.00

Non-member: \$50.00

Military: \$45.00

45-Minute Class

Member: \$43.00

Non-member: \$55.00

Military: \$50.00

60-Minute Class

Member: \$53.00

Non-member: \$63.00

Military: \$59.00

FAIRGROUNDS 2024-2025 NINJA

ALL CLASSES ARE SUBJECT TO CHANGE BASED ON MINIMUM ENROLLMENT REQUIREMENT

CLASS LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PARENT & TOT 18 MONTHS- 3 YEARS	9:30-10:00AM	9:30-10:00AM				8:15-8:45AM
	4:30-5:00PM	5:15-5:45PM				
	5:45-6:15PM					
MINI NINJA: 3 - 5 YEARS	10:00-10:45AM	10:15-11:00AM				9:15-10:00AM
	10:45-11:30AM	11:00-11:45AM				10:15-11:00AM
	5:00-5:45PM	4:30-5:15PM				11:15AM -12:00PM
AVALANCHE: 3 - 5 YEARS	11:45AM-12:45PM					12:15-1:15PM
	6:15-7:00PM					
NINJA: 5 AND UP						
SHADOW NINJA: 5 - 8 YEARS				5:00-5:45PM	5:00-5:45PM	9:15-10:00AM
STEALTH NINJA: 9-15 YEARS				6:00-6:45PM	6:00-6:45PM	11:15AM-12:00PM
ALL-AGE NINJA: 6-13 YEARS						10:15-11:00AM
*NINJA STRENGTH & FLIPPING: 8-15 YEARS				6:45-7:45PM		

REQUIRED EQUIPMENT

Athletic clothing or Leotard

No shoes or socks

Water Bottle

Long hair should be pulled back

Ninja is a program focused on climbing, running, jumping, and strength! Using an obstacle course, Ninja is a great way to develop coordination, physical fitness, and agility. This is a great class for siblings!

*Ninja strength & flipping class will focus on proper, safe flipping techniques of handsprings, gainers, side somies. Coordinated strength development and air awareness technique will be taught to enhance safety.

