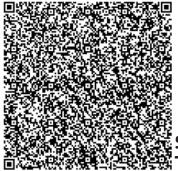
FAIRGROUNDS YMCA 585 Rand Drive Watertown, New York 13601

For program questions contact: Paul Passino Email: ppassino@nnyymca.org Phone: 315.755.9622

For more information on programs, memberships, services, and to register: **watertownymca.org**



SCAN QR CODE

Check out these other great YMCA programs:

- Olympic Sports Camp
- Survivor Camp
- Baseball Camp
- STEAM & Sports Camp



GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.







UNITED WAY OF NORTHERN NEW YORK CHILD&YOUTH SERVICES



FAIRGROUNDS YMCA **FLAG FOOTBALL AND FIELD GAMES CAMP** 5-12 YEARS

REGISTRATION OPENS APRIL 22, 2024



WHAT YOU NEED TO KNOW

Ages: 5 – 12 Years

Location: Indoor Fields

Start Date: July 29, 2024

End Date: August 2, 2024

Days & Times:

Monday – Friday 8:45 – 11:45 AM

Program Fee:

Members: \$75.00 Non-Members: \$105.00 Military: \$100.00

CHILDREN MUST BE SIGNED IN AND OUT BY A PARENT OR GUARDIAN.



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REQUIRED EQUIPMENT Water Bottle

Sneakers(No cleats allowed) Athletic Clothing

FLAG FOOTBALL AND FIELD GAMES CAMP

The YMCA is offering a camp which will teach individual skills and techniques as each athlete rotates through a series of fundamentals and skills stations. This camp is for everyone and every skill level, open to boys and girls.

Some Skills Taught:

- Pass and Catch
- Ball Skills
- Offensive Teamwork
- Football Strategy
- Zone vs Man Defensive

Some Field Games Included:

- Capture the Flag
- Ultimate Frisbee
- Tug of War
- Relay Races
- Parachute Games
- Obstacle Course Runs
- Egg Toss
- Gaga Battles
- Bocce Ball



