



### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.

For more information on programs, memberships, services, and to register visit: [www.watertownymca.org](http://www.watertownymca.org)

**FAIRGROUNDS YMCA**  
585 Rand Drive  
Watertown, New York 13601

For program questions contact:  
Paul Passino  
Email: [ppassino@nnyymca.org](mailto:ppassino@nnyymca.org)  
Phone: 315.755.9622



## **WHAT'S UP NEXT**

Check out these other great YMCA programs:

- Gymnastics
- STEAM & Sports
- Volleyball League
- Rookie Hoops
- Archery
- Kicks 4 Kids
- Group Ex



Northern New York  
Community Foundation



## **FAIRGROUNDS COED STICKS FOR KIDS BEGINNER LACROSSE AGES 18 MONTHS-12 YEARS**



**REGISTRATION BEGINS:  
MARCH 20, 2024**

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## WHAT YOU NEED TO KNOW

**Ages: 18 Months – 12 Years**

**Location: Small Soccer Field**

**Start Date: April 29, 2024**

**End Date: June 10, 2024**

**Days & Times:**

**Mondays:**

**Mini Parent & Tot**

**18 Mo.- 3 Yrs – 4:15 – 4:45 PM**

**Beginner**

**4 – 5 Years old – 4:45 – 5:30 PM**

**6 – 8 Years old – 5:30 – 6:15 PM**

**9 – 12 Years old – 6:15– 7:00 PM**

**Program Fees:**

**Member: \$43.00**

**Non-Member: \$55.00**

**Military: \$50.00**

## COED STICKS FOR KIDS BEGINNER LACROSSE

This six-week introductory lacrosse program is for boys and girls ages 18 Months – 12 Years. Children will learn the basic fundamentals of the game while having FUN!

As one of the fastest growing teams sports in the U.S., lacrosse builds speed, agility and coordination, as well as teamwork and confidence.

### WHAT WE WILL COVER:

- Lacrosse Vocabulary
- Catching
- Scooping
- Throwing
- Gameplay
- Teamwork

### LACROSSE STICK & GOGGLES

Will be provided or bring your own.



## REQUIRED EQUIPMENT

Sneakers / Indoor Turf Shoes\*

Mouth Guard

Athletic clothing

Water Bottle

**\*Outdoor cleats  
are not allowed**

## PROGRAM DATES

### MONDAYS

April: 29

May: 6, 13, 20

June: 3, 10

**No Classes May 27th**