



### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.

For more information on programs, memberships, services, and to register visit:  
[www.watertownymca.org](http://www.watertownymca.org)

### **DOWNTOWN YMCA**

146 Arsenal Street  
Watertown, New York 13601

For program questions contact :  
Adrienne Alteri  
Email: [aalteri@nnyymca.org](mailto:aalteri@nnyymca.org)  
Phone: 315.782.3100



## **WHAT'S UP NEXT**

Check out these other great YMCA programs:

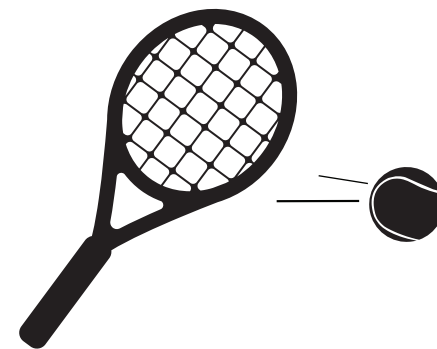
- Kicks 4 Kids
- Archery
- POP Tennis
- Pickleball
- Rookie Hoops
- Swim Lessons
- Gymnastics & Ninja



Northern New York  
Community Foundation



## **DOWNTOWN ADULT RED BALL TENNIS AGES 16+ YEARS**



**REGISTRATION BEGINS:  
FEBRUARY 2, 2024**

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## WHAT YOU NEED TO KNOW

**Ages:** 16+ Years

**Location:** Downtown Racquet Center

**Start Date:** February 19, 2024

**End Date:** February 22, 2024

**Days & Times:**

**Monday – Thursday**

**11:00 AM – 12:00 PM**

## ADULT RED BALL TENNIS

**Red Ball Tennis** is named after the red foam or felt balls that are used at this level of play. Played on a small 44 ft. court using red felt deflated ball and small tennis racquets. Red tennis balls bounce lower and move more slowly through the air, giving beginning players a chance to set up and take a good swing at the ball. A fun packed competitive hour playing games on a timed basis and rotating by ladder style competition.



## REQUIRED EQUIPMENT

Sneakers

Athletic clothing

Water bottle

Racquets & balls available

## MATCH DATES

**MONDAY – THURSDAY**

February: 19, 20, 21, 22