



WATERTOWN FAMILY YMCA Adult & Youth Tennis

SEE BROCHURES FOR DETAILS

ADULT TENNIS

TENNIS BLAST- Instructor feeds the ball into play and controls the tempo for match points. Four people on court per hour. One 60-minute class. (6-12 People)

Mondays & Saturdays: 11:00 AM-12:00 PM

Program Fee (per session):

Member: \$20.00

Non-Member: \$35.00

Military: \$30.00

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DAYTIME DOUBLES TENNIS LEAGUE - A 90-minute, 8-week

Tuesdays & Thursdays

AM Doubles Tennis: 8:00-9:30 AM

AM Doubles Tennis: 9:30 AM-11:00 PM

AM Doubles Tennis: 11:00 AM-12:30 PM

AM Doubles Tennis: 12:30-2:00 PM

Program Fee:

Member: \$240.00

Non-Member: \$280.00

Military: \$270.00

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EVENING DOUBLES TENNIS LEAGUE - A 90-minute, 19-week league for members only.

Mondays & Thursdays

PM Doubles Tennis: 4:30-6:00 PM

PM Doubles Tennis: 6:00-7:30 PM

PM Doubles Tennis: 7:30-9:00 PM

Program Fee: \$300 per person

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BEGINNER ADULT/JUNIOR TENNIS CLINICS - Learn the rules and fundamentals of tennis in a 60-minute class with a staff instructor to enjoy a life-long sport.

INTERMEDIATE TENNIS CLINICS

Taking the beginner to the next level. Learn the mental and strategic part of the game in a 60-minute class with the Y Pro instructor.

Program:

Member: \$20.00

Non-Member: \$40.00

Military: \$35.00

YOUTH TENNIS

RED BALL* - Beginners will have fun learning to build tennis skills on a 36-foot court. Participants will gain hand eye coordination, footwork, tennis court awareness, knowledge of forehand and backhand basics, and serving.

Pre-Rally - Ages 5-8 years

Monday: 4:00-5:00 PM

Red 3 - Ages 5-8

Monday 5:00-6:00 PM

Red 2 - Ages 6-10

Wednesday 4:00-5:00 PM

COMING SOON

ORANGE BALL* - Beginner to intermediate level.

Participants will start mastering returns with proper forehand and backhand technique on a 60-foot court.

Orange 3 - Ages 6-10

Monday 4:00-5:00 PM

Monday 5:00-6:00 PM

Wednesday 4:00-5:00 PM

Wednesday 5:00-6:00 PM

GREEN BALL* - For players that have tennis experience with match play and are serious about improving their mental game and skill set.

Green 3 - Ages 8-12

Monday 4:00-5:00 PM

Monday 5:00-6:00 PM

Wednesday 4:00-5:00 PM

Wednesday 5:00-6:00 PM

* Youth players will need to pass assessment to progress to the next level.

Tuesday 12/12 4:00-5:00 PM

Wednesday 12/13 6:00-7:00 PM

All levels of Youth Tennis are one 60-minute class per week for 6 weeks.

Program Fee:

Member: \$80.00

Non-Member: \$125.00

Military: \$115.00

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JUNIOR MATCH PLAY - An opportunity to play weekly with other junior players in doubles match play. One 90-minute session per week for 8 weeks.

Program Fee:

Member: \$130.00

Non-Member: \$170.00

Military: \$160.00



For questions contact: Adrienne Alteri / Email: aalteri@nnyymca.org / Phone: 315.782.3100

PRIVATE & SEMI-PRIVATE LESSONS

PRIVATE: 1 PERSON

One 60-minute session with Y Staff

Member: \$65.00 Non-Member: \$75.00

One 60-minute session with Y Pro

Member: \$75.00 Non-Member: \$85.00

SEMI-PRIVATE: 2 PEOPLE

60-minute session with Y Staff

Member: \$35.00 Non-Member: \$40.00

60-minute session with Y Pro

Member: \$40.00 Non-Member: \$50.00

90-minute session with Y Staff

Member: \$48.00 Non-Member: \$58.00

90-minute session with Y Pro

Member: \$58.00 Non-Member: \$68.00

GROUP LESSONS: 3 PEOPLE

60-minute session with Y Staff

Member: \$24.00 Non-Member: \$32.00

60-minute session with Y Pro

Member: \$28.00 Non-Member: \$38.00

90-minute session with Y Staff

Member: \$34.00 Non-Member: \$44.00

90-minute session with Y Pro

Member: \$42.00 Non-Member: \$52.00

CLINIC: 4+ PEOPLE

60-minute session with Y Staff

Member: \$18.00 Non-Member: \$28.00

60-minute session with Y Pro

Member: \$22.00 Non-Member: \$32.00

90-minute session with Y Staff

Member: \$25.00 Non-Member: \$35.00

90-minute session with Y Pro

Member: \$32.00 Non-Member: \$42.00

FAMILY TENNIS PROGRAM

Parent/Guardian & Child (10-14). Enjoy an opportunity to learn and play tennis together as a family. One 60-minute class per week for 6 weeks.

Program Fee*:

Member Pair: \$150.00

Non-Member Pair: \$200.00

Military Pair: \$190.00

* Both parent/guardian and child must be members to qualify for member rate.

LESSON PACKAGES

Participants must have an active membership to sign up for Lesson packages. Lessons must be paid for prior to the first lesson and will be scheduled during the registration process. Cancellations should be at least 24 hours in advance. A no-show will be counted towards package amount.

Lesson package options include:

Private: 1 Person

Five 60-minute sessions with Y staff: \$300.00

Five 60-minute sessions with Y Pro: \$350.00

Semi-Private: 2 People

Five 60-minute sessions with Y staff: \$162.00

Five 60-minute sessions with Y Pro: \$190.00

COURT RATES (per hour)

Members can reserve courts up to 7 days in advance. To reserve a court time, download the Court Reserve app. Court Reservation payment made in app.

MONDAY - FRIDAY

5:00 - 8:00 AM: \$34.00

8:00 AM - 4:00 PM: \$40

4:00 - 9:00 PM: \$42.00

SATURDAY

6:00 - 8:00 AM: \$40.00

8:00 AM - 5:00 PM: \$42

SUNDAY

8:00 AM - 5:00 PM: \$40.00

WALK ON COURT RATE

60 minutes prior to playtime only
Monday-Sunday: \$30

TENNIS GUESTS

\$12 Day Pass plus court fee.



BALL MACHINE RENTAL

The ball machine is available to members and non-members for use at \$10 per hour plus court fee.

For online access to info on programs, lessons, leagues, and pricing
SCAN THE QR CODE .



watertownymca.org/racquet-sports



**WATERTOWN FAMILY YMCA
POP Tennis & Pickleball
Leagues and Programs
SEE BROCHURES FOR DETAILS**

POP TENNIS LEAGUE

Pop Tennis is played with a paddle and green dot ball. Played very similarly to tennis with just one underhand serve on a 60-foot court. 60-minutes for 10 weeks.

Wednesdays

Program Fee:

Member: \$105.00

Non-Member: \$145.00

Military: \$135.00

PICKLEBALL LEAGUE

MORNING PICKLEBALL LEAGUES

A 90-minute, morning league for Adults. Games played twice a week for 10 weeks.

Tuesdays & Thursdays

Program Fee:

Member: \$100.00

Non-Member: \$140.00

Military: \$135.00

EVENING PICKLEBALL LEAGUES

A 90-minute, evening league for Adults. Games played twice a week for 10 weeks.

Tuesdays & Thursdays

Program Fee:

Member: \$105.00

Non-Member: \$145.00

Military: \$140.00

COURT RATES

Member walk on rate for Pickleball: \$5.00 per person

Pickleball Guests - \$12 Day Pass plus court fee.



For program questions contact: Adrienne Alteri / Email: aalteri@nnyymca.org / Phone: 315.782.3100

PICKLEBALL PROGRAMS

BEGINNER PICKLEBALL CLINIC #1

Learn the rules, scoring, positioning & play! For beginners with no experience. Paddles will be provided.

One 60-minute class.

Program Fee:

Member: \$20.00

Non-Member: \$35.00

Military: \$30.00

BEGINNER PICKLEBALL CLINIC #2*

Take your pickleball game to another level! Learn shot placement, movement with your doubles partner, dinking, and the third shot drop. Paddles will be provided.

* Prerequisite: pickleball #1 and at least a 10-game play experience.

One 60-minute class.

Program Fee:

Member: \$20.00

Non-Member: \$35.00

Military: \$30.00

FAMILY PICKLEBALL PROGRAM

Parent/Guardian & Child (10-14) - Enjoy learning and playing pickleball together as a family.

One 60-minute class per week for 6 weeks.

Program Fee:

Member: \$85.00

Non-Member: \$125.00

Military: \$115.00



For online access to info on programs, lessons, leagues, and pricing **SCAN THE QR CODE .**

To reserve a court time, download the Court Reserve app

