



the

GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, with the support of the **Northern New York Community Foundation**, the **WATERTOWN FAMILY YMCA**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.

For more information on programs, memberships, services, and to register visit: www.watertownymca.org

Fairgrounds YMCA 585 Rand Drive Watertown, New York 13601

For program questions contact : Paul Passino Email: ppassino@nnyymca.org Phone: 315.755.9622

WHAT'S UP NEXT

Check out these other great YMCA programs:

- Rookie Hoops
- Archery
- Kicks 4 Kids
- Indoor Soccer
- Adult Volleyball



FAIRGROUNDS PATRIOTS GIRLS LACROSSE

GRADES 1ST - 12TH





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

WHAT YOU NEED TO KNOW

Grades: 1st – 12th

Location: Soccer Fields

Start Date: January 8, 2024

End Date: February 26, 2024

Days & Times:

Grades: 1st – 3rd Mondays 5:30 – 6:30 PM

Grades: 4th – 6th Mondays 5:30– 6:30 PM

Grades: 7th – 12th Mondays 4:00– 5:30 PM

Program Fees:

5:30 PM:1 Hour Session Members: \$55.00 Non-Members: \$65.00 Military: \$60.00

4:00 PM: 1.5 Hour Session Members: \$80.00 Non-Members: \$95.00 Military: \$90.00

Session Coaching Staff:

Jen Williams: South Jefferson Head Coach Whitney Bachner: Le Moyne College Grad Vic Fusco: Indian River Head Coach Taylor Purvis: Watertown Head Coach Kyra Kempney: Nazareth College, JV IR Coach

PATRIOTS GIRLS LACROSSE

The Patriots Girls Lacrosse program is designed to accommodate beginners through advanced players. Sessions will focus on individual skills, group drills, small game concepts and enhancing a player's lacrosse IQ.

- Grades 7 12 sessions are <u>90 minutes</u>. Players will be organized by <u>skill level</u>.
- Grades 1 6 sessions are <u>60 minutes</u>.
 Players will be organized by <u>age + skill level</u>.

DON'T FORGET TO BRING A GREAT ATTITUDE AND DID WE MENTION HUSTLE?

THE PATRIOTS

Established in 2001, the **Patriots North Country Lacrosse Club** is committed to developing players of all ages from all school districts to facilitate raising competitive lacrosse in our area.

Patriots will focus on providing the North Country with quality instruction of skills and game knowledge, and showcase clinics with D1–D3 coaches.

REQUIRED EQUIPMENT

Sneakers / Indoor Turf Shoes Goggles & Mouth Guard Lacrosse Stick Athletic clothing Water Bottle

*Outdoor cleats are not allowed

PROGRAM DATES

MONDAYS

January: 8, 22, 29 February: 5, 12, 26

No Programming: January 15th & February 19th