

#### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, with the support of the Northern New York Community Foundation, the WATERTOWN FAMILY YMCA, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.

For more information on programs, memberships, services, and to register visit: www.watertownymca.org

Fairgrounds YMCA 585 Rand Drive Watertown, New York 13601

For program questions contact: Paul Passino Email: ppassino@nnyymca.org

Phone: 315.755.9622



# **MORE Y PROGRAMS**

Check out these other great YMCA programs:

- Archery Intro & Club
- Mini Kickers
- Kicks 4 Kids
- Rookie Hoops
- Mini Hoopers
- STEAM & Sports
- Gymnastics & Ninja









FAIRGROUNDS
HOMESCHOOL
GYM
5-14 YEARS



# REGISTRATION BEGINS: NOVEMBER 15, 2023

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# WHAT YOU NEED TO KNOW

Ages: 5 - 14 Years

**Location: Gym & Soccer Fields** 

# Session 1:

Start Date: January 9, 2024

End Date: March 5, 2024

# Session 2:

Start Date: March 19, 2024

End Date: May 14, 2024

### Days & Times:

**Tuesday:** 

11:00 - 11:45 AM (5 - 9 Years) 11:45 - 12:30 PM (10 - 14 Years)

# 8-Week Program Fee:

Members: \$58.00

Non-Members: \$73.00

Military: \$68.00

# **FAIRGROUNDS HOMESCHOOL GYM**

The Watertown Family YMCA Homeschool Gym program is a great way to work physical activity, healthy living, socialization and play into your Homeschool curriculum. The goal of the gym classes is participation in planned individual and cooperative physical activities promoting the students' optimum physical, mental, emotional, and social development through a focus on fitness and sports while developing social relationships.

Program includes instruction in kickball, soccer, basketball, volleyball, lacrosse, baseball, floor hockey, gym games, and fitness skills.

Students meet once a week for 45 minutes/Each class includes age-appropriate instruction in a sport or fitness skill practice.



# **REQUIRED EQUIPMENT**

Sneakers
Athletic clothing
Water Bottle

# **PROGRAM DATES**

#### **Tuesdays**

Session 1: January: 9, 16, 23, 30 February: 6, 13, 27 March: 5 Session 2: March: 19, 26 April: 2, 9, 16, 30 May: 7, 14

No classes on February 20th, March 12th, April 23rd