

# DOWNTOWN YMCA GYM SCHEDULE

<b>MONDAY</b>	5:00 - 9:00 AM	9:00 - 10:00 AM	10:00 AM - 12:00 PM	12:00 - 6:00 PM	6:00 - 8:00 PM
	OPEN GYM	SPIN CLASS	PICKLE BALL	OPEN GYM	ADULT (18 & UP) BASKETBALL
<b>TUESDAY</b>	5:00 - 8:30 AM	8:30 - 9:30 AM	10:00 AM - 12:00 PM	12:00 - 6:00 PM	6:00 - 8:00 PM
	OPEN GYM	BODY PUMP GROUPEX	PICKLE BALL	OPEN GYM	YOUTH (17 & UNDER) BASKETBALL
<b>WEDNESDAY</b>	5:00 - 9:00 AM	9:00 - 10:00 AM	10:00 AM - 12:00 PM	12:00 - 5:30 PM	5:30 - 8:00 PM
	OPEN GYM	SPIN CLASS	PICKLE BALL	OPEN GYM	PICKLE BALL
<b>THURSDAY</b>	5:00 - 8:30 AM	8:30 - 9:30 AM	10:00 - 12:00 PM	12:00 - 6:00 PM	6:00 - 8:00 PM
	OPEN GYM	BODY PUMP GROUPEX	PICKLE BALL	OPEN GYM	YOUTH (17 & UNDER) BASKETBALL
<b>FRIDAY</b>	5:00 - 10:00 AM	10:00 AM - 12:00 PM	12:00 - 6:00 PM	6:00 - 8:00 PM	
	OPEN GYM	PICKLE BALL	OPEN GYM	ADULT (18 & UP) BASKETBALL	
<b>SATURDAY</b>	6:00 AM - 2:00 PM				
	OPEN GYM				

## THE COURT IS OPEN TO MEMBERS ONLY

\*\*\* THE BASKETBALL COURT CLOSSES \*\*\*

MONDAY - FRIDAY 8:00 PM

SATURDAY 2:00 PM

**SCHEDULE SUBJECT TO CHANGE.**

Thank you for your cooperation.  
The Watertown Family YMCA Staff



**FIND YOUR FUN.  
FIND YOUR Y.**