



#### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation and United Way, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.

> Fairgrounds YMCA 585 Rand Dr Watertown, NY 13601

For program questions contact : Paul Passino Email: ppassino@nnyymca.org Phone: 315.755.9622

To register online visit: www.watertownymca.org

#### **MORE Y PROGRAMS**

Check out these other great YMCA programs:

- Archery Intro & Club
- Mini Kickers
- Kicks 4 Kids
- Rookie Hoops
- Mini Hoopers
- STEAM & Sports
- Gymnastics & Ninja

Northern New York Community Foundation



CHILD&YOUTH SERVICES



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FAIRGROUNDS HOMESCHOOL GYM 5 – 14 YEARS



## **REGISTRATION BEGINS:** AUGUST 1, 2023

#### FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## WHAT YOU NEED TO KNOW

Ages: 5 – 14 Years

Location: Gym & Soccer Fields

#### Session 1:

Start Date: September 5, 2023 End Date: October 24, 2023

### Session 2:

Start Date: October 31, 2023 End Date: December 19, 2023

Days & Times:

**Tuesday:** 11:00 – 11:45 AM (5 – 9 Years) 11:45 – 12:30 PM (10 – 14 Years)

8-Week Program Fee: Members: \$58.00 Non-Members: \$73.00 Military: \$68.00

## FAIRGROUNDS HOMESCHOOL GYM

The Watertown Family YMCA Homeschool Gym program is a great way to work physical activity, healthy living, socialization and play into your Homeschool curriculum. The goal of the gym classes is participation in planned individual and cooperative physical activities promoting the students' optimum physical, mental, emotional, and social development through a focus on fitness and sports while developing social relationships.

Program includes instruction in kickball, soccer, basketball, volleyball, lacrosse, baseball, floor hockey, gym games, and fitness skills.

Students meet once a week for 45 minutes/Each class includes age-appropriate instruction in a sport or fitness skill practice.



# **REQUIRED EQUIPMENT**

Sneakers Athletic clothing Water Bottle

### **PROGRAM DATES**

#### Tuesdays

Session 1: September: 5, 12, 19, 26 October: 3, 10, 17, 24 Session 2: October: 31 November: 7, 14, 21, 28 December: 5, 12, 19