



## IMPORTANT DATES

**October 31st:** Halloween, Morning classes only  
**November 22nd - 24th:** Thanksgiving Break  
**December 24th - January 1st:** Christmas Break  
**February 19th - 25th:** Winter Break  
**March 22nd - 24th:** Salute to Service Meet  
**March 29th - 31st:** Good Friday & Easter  
**April 22nd - 26th:** Spring Break  
**May 27th:** Memorial Day  
**June 1st - 2nd:** Gymnastics Showcase  
**June 23rd:** Parent Tot & Parent Ninja Showcase  
**June 25th - 28th:** Ninja Showcase  
**June 29th:** Last Day of Classes

## MORE GREAT PROGRAMS

- Mini Kickers
- Kicks 4 Kids
- Indoor Soccer League
- Archery
- Swim Lessons
- Rookie Hoops
- STEAM Sports Combo
- Mini Hoopers

### GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the **Northern New York Community Foundation** and **United Way**, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York  
Community Foundation



UNITED STATES ARMY  
CHILD & YOUTH SERVICES



## FAIRGROUNDS NINJA

18 Months - 14 Years



## REGISTRATION ONGOING BASED ON AVAILABILITY

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Fairgrounds YMCA**  
**585 Rand Drive**  
**Watertown, New York 13601**  
**For program questions contact:**  
**Janet Bleau**  
**Email: jbleau@nnyymca.org**  
**Phone: 315.755.9622**  
**To register online visit:**  
**www.watertownymca.org**

## WHAT YOU NEED TO KNOW

**Ages: 18 Months – 14 Years**

**Location: Gymnastics Room**

**Start Date: September 6th, 2023**

**End Date: June 29, 2024**

**Days: Monday – Saturday**

**Program Fees:**

### 30-Minute Class (Parent and Ninja)

**Member: \$35.00 per month**

**Non-member: \$48.00 per month**

**Military: \$43.00 per month**

### 45-Minute Class

**Member: \$42.00 per month**

**Non-member: \$53.00 per month**

**Military: \$48.00 per month**

### Avalanche Class/Ninja Strength & Flipping Class

**Member: \$51.00 per month**

**Non-member: \$61.00 per month**

**Military: \$56.00 per month**

## FAIRGROUNDS NINJA

Ninja is a program focused on climbing, running, jumping, and strength! Using an obstacle course, Ninja is a great way to develop coordination, physical fitness, and agility. This is a great class for siblings!

\* All Class schedules are subject to change based on minimum enrollment requirement

\*\*Ninja strength & flipping class will focus on proper, safe flipping techniques of handsprings, gainers, side somies. Coordinated strength development and air awareness technique will be taught to enhance safety.

CLASS LEVEL *	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Parent & Ninja 18 Months – 3 Years	9:30-10:00 AM	9:30-10:00 AM				8:15-8:45 AM	
Mini Ninja 3-5 Years	10:00-10:45 AM	10:15-11:00 AM				9:15-10:00 AM	
	10:45-11:30 AM	11:00-11:45 AM				10:15-11:00 AM	
						11:15 AM-12:00 PM	
Avalanche 4-6 Years	11:45 AM -12:45 PM					12:15-1:15 PM	
Shadow Ninja 5-8 Years				5:00-5:45 PM	5:00-5:45 PM	9:15-10:00 AM	
Stealth Ninja 8-14 Years				6:00-6:45 PM	6:00-6:45 PM	11:15 AM-12:00 PM	
All Age Ninja 6-14 Years						10:15-11:00 AM	
**Ninja Strength & Flipping 6-13 Years				6:45-7:45 PM			

## REQUIRED EQUIPMENT

Athletic clothing or Leotard

Water Bottle

No shoes or socks

Long hair should be pulled back

