



# **IMPORTANT DATES**

October 31st: Halloween, Morning classes only November 22nd – 24th: Thanksgiving Break

**December 24th – January 1st:** Christmas Break

February 19th – 25th: Winter Break

March 22nd – 24th: Salute to Service Meet

April 22nd – 26th: Spring Break

May 27th: Memorial Day Break

June 1st – June 2nd: Gymnastics Showcase

June 23rd: Parent & Tot/Parent & Ninja Showcase

June 25th – 28th: Ninja Showcase

June 29th: Last Day of Classes

**Downtown YMCA 119 Washington Street** Watertown, New York 13601 For program questions contact: **Janet Bleau** Email: jbleau@nnyymca.org Phone: 315.755.9622 To register online visit: www.watertownymca.org

# **MORE GREAT PROGRAMS**

- Mini Kickers
- Kicks 4 Kids
- Indoor Soccer League
- Archery
- Rookie Hoops
- Mini Hoopers

### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation. provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York **Community Foundation** 





# DOWNTOWN 2023-2024 **GYMNASTICS**

**2-6 YEARS** 



# **REGISTRATION ONGOING BASED ON AVAILABILITY**

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## WHAT YOU NEED TO KNOW

Ages: 2–6 Years

**Location: Gymnastics Room** 

Start Date: September 6, 2023

End Date: June 29, 2024

**Class Fees (Monthly)** 

<u>30-Minute Class</u> Member: \$35.00 Non-member: \$48.00 Military: \$43.00

<u>45-Minute Class</u> Member: \$42.00 Non-member: \$53.00 Military: \$48.00

## **REQUIRED EQUIPMENT**

Athletic clothing or Leotard No shoes or socks Water Bottle Long hair should be pulled back

## **DOWNTOWN GYMNASTICS**

Our gymnastics program is designed to develop physical fitness while encouraging a healthy, active lifestyle. Gymnastics provides a solid foundation for all sports as it promotes development of gross & fine motor skills, strength, flexibility & body awareness.

Not only do gymnasts develop physical fitness but, they also build confidence, learn how to deal with fear, and effectively overcome obstacles.

* ALL CLASSES ARE SUBJECT TO CHANGE BASED ON MINIMUM ENROLLMENT REQUIREMENT							
CLASS LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PARENT & TOT 2 - 3 YEARS				6:00-6:30	5:00-5:30		
					6:30-7:00		
CLASS A: 3 – 4 YEARS				4:15-5:00	5:45-6:30		
				5:00-5:45			
CLASS G: 4 – 6 YEARS			6:30-7:15		4:15-5:00		