



ASSESSMENT



LEVEL

PRE-SESSION REPORT

Student: _____ Instructor: _____ Date: _____



Blow bubbles



Submerge



Back Crawl



Water Entry



Monkey Crawl



Dive



Water Exit



Swim, Float, Swim



Resting Stroke



Roll



Tread Water



Breast Stroke



Front Float



Endurance



Butterfly



Back Float



Front Crawl

Director: _____ Supervisor: _____