



### GATEWAY FINANCIAL SCHOLARSHIP

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Northern New York  
Community Foundation



Fairgrounds YMCA  
585 Rand Drive

Watertown, New York 13601

For program questions contact :

Paul Passino

Email: [ppassino@nnyymca.org](mailto:ppassino@nnyymca.org)

Phone: 315.755.9622

To register online visit:

[www.watertownymca.org](http://www.watertownymca.org)

## WHAT'S UP NEXT

Check out these other great YMCA programs:

- Youth Archery
- Sports Camp
- Baseball Camp
- Basketball Clinic
- Lacrosse Camp
- Battle Camp
- STEAM Camp
- Soccer Camp
- Ultimate Camp

Look for Fall programming  
in August!

## FAIRGROUNDS COED YOUTH LACROSSE CAMP 5-12 YEARS



REGISTRATION BEGINS:  
APRIL 15, 2023

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## WHAT YOU NEED TO KNOW

**Ages: 5-12 Years**

**Location: Large Soccer Field**

**Start Date: August 28, 2023**

**End Date: August 31, 2023**

**Days & Times:**

**Monday - Thursday:  
1:00-3:00 PM**

**Program Fees:**

**Members: \$60.00  
Non-Members: \$79.00  
Military: \$74.00**

**CHILDREN MUST BE  
SIGNED IN AND OUT  
BY A PARENT OR GUARDIAN.**

## COED YOUTH LACROSSE CAMP

Youth Lacrosse Camp is an introductory program for boys and girls ages 5-12. Participants will learn the basic fundamentals of the game while having FUN!

As one of the fastest growing teams sports in the U.S., lacrosse builds speed, agility and coordination, as well as teamwork and confidence.

### WHAT WE WILL COVER:

- Lacrosse Vocabulary
- Catching
- Scooping
- Throwing
- Gameplay
- Teamwork

### **LACROSSE STICK & GOGGLES**

**Will be provided or bring your own.**



## REQUIRED EQUIPMENT

Sneakers / Indoor Turf Shoes\*  
Mouth Guard  
Athletic clothing  
Water Bottle

**\*Outdoor cleats  
are not allowed**

## PROGRAM DATES

**MONDAY - THURSDAY  
August 28th - August 31st**