

#### **GATEWAY FINANCIAL SCHOLARSHIP**

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.





Fairgrounds YMCA
585 Rand Dr
Watertown, NY 13601
For program questions contact:
Paul Passino
Email: ppassino@nnyymca.org
Phone: 315.755.9622
To register online visit:

www.watertownymca.org

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#### WHAT'S UP NEXT

Check out these other great YMCA programs:

- Baseball Camp
- Baskethall Clinic
- Basketball Camp
- Lacrosse Camp
- Battle Camp
- STEAM & Sports Camp
- Soccer Camp
- Ultimate Camp



# FAIRGROUNDS TRACK AND FIELD AGES 18 MONTHS – 12 YEARS



# REGISTRATION BEGINS: APRIL 15, 2023

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

#### WHAT YOU NEED TO KNOW

Ages: 18 Months -12 Years

**Location: Indoor Large Field** 

Start Date: May 30th, 2023

End Date: June 15th, 2023

Days & Times:

Mini(18 months-3 years)Parent & Tot

**Tuesdays & Thursdays** 

4:30 - 5:00 PM

Rookie (4-12 years)

Tuesdays & Thursdays

5:00-5:45 PM

#### **Program Fees:**

Mini(18 months-3 Years)Parent & Tot

Member: \$40.00

Non-Member: \$53.00

Military: \$48.00

Rookie (4–12 Years)

Member: \$43.00

Non-Member: \$55.00

Military: \$50.00

#### **FAIRGROUNDS TRACK AND FIELD**

## MINI (PARENT TOT)

The Mini program is designed to introduce young children to the different aspects of track and field. The activities are FUN filled and involve a lot of running!

#### **SKILLS COVERED**

- Hurdles
- Baton Relay
- Shotput
- High Jump
- Long Jump
- Sprinting
- Long-Distance
- Stretching

#### **ROOKIE**

This Rookie program about various track events and have opportunities to showcase their abilities throughout the course of the program



### **REQUIRED EQUIPMENT**

Running shoes Athletic clothing Water Bottle

#### **PROGRAM DATES**

**TUESDAYS AND THURSDAYS** 

May: 30

June: 1, 6, 8, 13, 15