

DOWNTOWN YMCA GYM SCHEDULE

MONDAY	5:00 - 9:00 AM	9:00 - 10:00 AM	10:00 AM - 12:00 PM	12:00 - 7:30 PM		
	OPEN GYM	SPIN CLASS	PICKLE BALL	OPEN GYM		
TUESDAY	5:00 - 9:45 AM	10:30 - 12:00 PM	12:15 PM - 1:45 PM	1:45 - 2:15 PM	3:00 - 4:30 PM	4:30 - 7:30 PM
	OPEN GYM	PICKLEBALL	ADULT PICKUP (Members Only)	CLOSED FOR COURT MAINTENANCE	YOUTH BASKETBALL (Members Only)	OPEN GYM
WEDNESDAY	5:00 - 8:30 AM	8:45 - 9:30 AM	9:30 - 10:00 AM	10:00 AM - 12:00 PM	12:00 - 5:30 PM	5:30 - 7:00 PM
	OPEN GYM	SPIN	CORE & MORE	PICKLE BALL	OPEN GYM	PICKLE BALL
THURSDAY	5:00 - 9:45 AM	10:30 - 12:00 PM	12:15 PM - 1:45 PM	1:45 - 2:15 PM	3:00 - 4:30 PM	4:30 - 7:30 PM
	OPEN GYM	PICKLEBALL	ADULT PICKUP (Members Only)	CLOSED FOR COURT MAINTENANCE	YOUTH BASKETBALL (Members Only)	OPEN GYM
FRIDAY	5:00 - 10:00 AM	10:00 AM - 12:00 PM	12:00 - 3:30 PM	3:30 - 7:30 PM		
	OPEN GYM	PICKLE BALL	FAMILY TIME	OPEN GYM		
SATURDAY	7:00 - 8:15 AM	8:30 - 9:30 AM	9:45 AM - 1:30 PM			
	OPEN GYM	SPIN / TABATA COMBO	OPEN GYM			

***** THE BASKETBALL COURT CLOSSES *****
MONDAY - FRIDAY 7:30 PM
SATURDAY 1:30 PM

SCHEDULE SUBJECT TO CHANGE.

Thank you for your cooperation.
 The Watertown Family YMCA Staff

