

# DOWNTOWN YMCA GYM SCHEDULE

<b>MONDAY</b>	<b>5:00 – 8:30 AM</b>	<b>8:30 – 10:30 AM</b>	<b>10:30 AM – 7:30 PM</b>			
	OPEN GYM	OPEN GYM	OPEN GYM			
<b>TUESDAY</b>	<b>5:00 – 7:30 AM</b>	<b>7:30 – 9:30 AM</b>	<b>9:30 AM – 3:30 PM</b>	<b>3:30 – 4:30 PM</b>	<b>4:30 – 5:30 PM</b>	<b>5:30 – 7:30 PM</b>
	OPEN GYM	OPEN GYM	OPEN GYM	TEEN CENTER	FAMILY TIME	OPEN GYM
<b>WEDNESDAY</b>	<b>5:00 – 7:00 AM</b>	<b>7:00 – 8:30 AM</b>	<b>8:30 – 10:30 AM</b>	<b>10:30 AM – 7:30 PM</b>		
	BOOT CAMP	OPEN GYM	OPEN GYM	OPEN GYM		
<b>THURSDAY</b>	<b>5:00 – 7:30 AM</b>	<b>7:30 – 9:30 AM</b>	<b>9:30 – 10:30 AM</b>	<b>10:30 AM – 1:30 PM</b>	<b>1:30 – 7:30 PM</b>	
	OPEN GYM	OPEN GYM	OPEN GYM	PICKLEBALL	OPEN GYM	
<b>FRIDAY</b>	<b>5:00 AM – 3:30 PM</b>	<b>3:30 – 4:30 PM</b>	<b>4:30 – 5:30 PM</b>	<b>5:30 – 7:30 PM</b>		
	OPEN GYM	TEEN CENTER	FAMILY TIME	OPEN GYM		
<b>SATURDAY</b>	<b>7:00 – 8:00 AM</b>	<b>8:00 – 10:00 AM</b>	<b>10:00 AM – 1:30 PM</b>			
	OPEN GYM	OPEN GYM	OPEN GYM			

**\*\*\* PLEASE LEAVE GYM PROMPTLY AT \*\*\***  
**CLOSING TIME LISTED**  
**MONDAY – FRIDAY 7:30 PM**  
**SATURDAY 1:30 PM**



**YOU MUST BE A YMCA MEMBER TO USE THE GYM**  
**BASKETBALL ALLOWED ONLY DURING OPEN GYM TIME SLOTS**  
**YMCA CLOSING TIMES WILL BE STRICTLY ENFORCED**  
**PLEASE FOLLOW YMCA RULES AND CODE OF CONDUCT**

**Thank you for you cooperation. The Watertown Family YMCA Staff**

**FIND YOUR FUN**  
**FIND YOUR Y.**