



#### FINANCIAL ASSISTANCE PROGRAM

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



**Fairgrounds**  
**585 Rand Drive**  
**Watertown, New York 13601**

**For program questions contact :**  
**Janet Bleau**  
**Email: [jbleau@nnyymca.org](mailto:jbleau@nnyymca.org)**  
**Phone: 315.755.9622**

**To register online visit:**  
**[www.watertownymca.org](http://www.watertownymca.org)**



## MORE GREAT PROGRAMS

Check out these other great YMCA programs:

- Girls Volleyball League
- Youth Archery
- Sports Camp
- Track & Field
- Baseball Camp
- Group Ex Classes
- Swim Lessons

**Look for Fall programming  
in August!**



## FAIRGROUNDS SUMMER NINJA

18 months - 18 years



**REGISTRATION BEGINS:**  
**APRIL 15, 2022**

**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

## WHAT YOU NEED TO KNOW

**Ages: 18 months – 18 years**

**Start Date: July 5th, 2022**

**End Date: August 25, 2022**

**Days: Monday – Thursday**

## Tues–Thurs Sessions (8 Weeks):

### 30-Minute Class

**Member: \$64.00**

**Non-member: \$84.00**

**Military: \$79.00**

### 45-Minute Class

**Member: \$76.00**

**Non-member: \$96.00**

**Military: \$91.00**

## FAIRGROUNDS SUMMER NINJA

**ALL CLASSES ARE SUBJECT TO CHANGE BASED ON MINIMUM ENROLLMENT REQUIREMENT**

CLASS LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PARENT & NINJA 18 MONTHS – 3 YEARS		9:00–9:30		9:30–10:00			
		9:30–10:00					
		4:15–4:45					
MINI NINJA 3 – 5 YEARS		10:15–11:00		8:45–9:30			
		11:00–11:45		6:45–7:30			
		4:00–4:45					
REC NINJAS 5 AND UP							
SHADOW 5 – 8 YEARS		5:15–6:00		4:30–5:15			
SHADOW 2		6:15–7:00		5:30–6:15			
STEALTH 9 – 13 YEARS		6:15–7:00		5:30–6:15			
STEALTH 2				6:15–7:30			
ALL NINJA 6 – 13 YEARS			12:00–12:45				
			1:00–1:45				
BOYS REC 5 AND UP		6:15–7:00					
PRE-K PLAY GROUP 18 MONTHS – 3 YEARS				12:00–1:00			
STRUCTURED OPEN GYM 5 – 15 YEARS	7:00–8:00						

### PRE K PLAYGROUP & STRUCTURED OPEN GYM

Per Day Fee:

Member: FREE

Non-Member: \$10.00

## REQUIRED EQUIPMENT

Athletic clothing or Leotard/No shoes or socks

Water Bottle

Long hair should be pulled back

**Join us at the Fairgrounds a for NINJA classes! Ninja is a sport discipline inspired by gymnastics, obstacle training and freestyle movement. Learn how to navigate our obstacle course while also honing climbing, jumping, and balance skills!**