

# Carthage Group Ex Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>TABATA</u></b> Carthage Y Group Ex Room 5:30 PM-6:30 PM Instructor: Lynn</p>	<p><b><u>YOGA</u></b> Carthage Y Group Ex Room 4:30 PM-5:30 PM Instructor:Carolynn</p>	<p><b><u>TABATA</u></b> Carthage Y Group Ex Room 5:30 PM-6:30 PM Instructor: Lynn</p>	<p><b><u>YOGA</u></b> Carthage Y Group Ex Room 4:30 PM-5:30 PM Instructor: Carolynn</p>	

