



FINANCIAL ASSISTANCE PROGRAM

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Fairgrounds YMCA
585 Rand Drive
Watertown, New York 13601

For program questions contact :
Paul Passino
Email: ppassino@nnyymca.org
Phone: 315.755.9622

To register online visit:
www.watertownymca.org

WHAT'S UP NEXT

Check out these other great YMCA programs:

- Soccer 101
- Youth Lacrosse Camp
- Kicks 4 Kids
- Mini Kickers
- Rookie Hoops
- Avalanche Camp

FAIRGROUNDS COED STICKS FOR KIDS BEGINNER LACROSSE AGES 3 - 9 YEARS



**REGISTRATION BEGINS:
MAY 10, 2022**

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

WHAT YOU NEED TO KNOW

Ages: 3-9

Location: Large Soccer Field

Start Date: July 13, 2022

End Date: August 17, 2022

Days & Times:

Wednesday:

4:15-5:00 PM (3 - 4 Years old)

5:00-6:00 PM (5 - 6 Years old)

6:00-7:00 PM (7 - 9 Years old)

Program Fees:

Ages 3 & 4

Members: \$40.00

Non-Members: \$50.00

Military: \$45.00

Ages 5 - 9

Members: \$50.00

Non-Members: \$60.00

Military: \$55.00

COED STICKS FOR KIDS BEGINNER LACROSSE

This six-week introductory lacrosse program is for boys and girls ages 3-9. Children will learn the basic fundamentals of the game while having FUN!

As one of the fastest growing teams sports in the U.S., lacrosse builds speed, agility and coordination, as well as teamwork and confidence.

WHAT WE WILL COVER:

- Lacrosse Vocabulary
- Catching
- Scooping
- Throwing
- Gameplay
- Teamwork

LACROSSE STICK & GOGGLES

Will be provided, or bring your own.



REQUIRED EQUIPMENT

Sneakers / Indoor Turf Shoes*

Mouth Guard

Athletic clothing

Water Bottle

***Outdoor cleats
are not allowed**

PROGRAM DATES

WEDNESDAY

July: 13, 20, 27

August: 3, 10, 17