

Carthage Group Ex Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carthage Y Group Ex Room 5:30 PM-6:30 PM Tabata Instructor: Lynn	Carthage Y Group Ex Room 4:30 PM-5:30 PM Yoga Instructor:Carolynn	Carthage Y Group Ex Room 5:30 PM-6:30 PM Tabata Instructor: Lynn	Carthage Y Group Ex Room 4:30 PM-5:30 PM Yoga Instructor: Carolynn	