

#### FINANCIAL ASSISTANCE PROGRAM

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Fairgrounds YMCA 585 Rand Drive Watertown, New York 13601

For program questions contact:
Janet Bleau
Email: jbleau@nnyymca.org
Phone: 315,755,9622

To register online visit: www.watertownymca.org



#### OTHER GREAT PROGRAMS

Check out these other great YMCA programs:

- Basketball Youth League
- Swim Lessons
- Mini Kickers
- Archery
- Indoor Soccer
- Adult POP Tennis
- Group Ex
- STEM Camp



# FAIRGROUNDS SUMMER AVALANCHE CAMP



# REGISTRATION BEGINS APRIL 15, 2022

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

#### WHAT YOU NEED TO KNOW

Ages: 5-15 years

**Location: Gymnastics Center** 

#### Session 1: June 27th - July 1st

Day & Time:

Monday - Friday 9:00 - 11:00 AM

### Session 2: August 29th - Sept 2nd

Day & Time:

Monday - Friday 9:00 - 11:00 AM

**Program Fee**(per Session):

Members: \$75.00

Non-Members: \$100.00

Military: \$95.00

CHILDREN MUST BE
SIGNED IN AND OUT
BY A PARENT OR GUARDIAN.

#### **FAIRGROUNDS SUMMER AVALANCHE CAMP**

#### **AVALANCHE CAMP**

Avalanche camp, a Ninja & Gymnastics combo camp, enhances strength, balance, coordination, agility, flexibility, conditioning, as well as team building skills. Avalanche athletes will safely learn gymnastics skills that can be incorporated into ninja obstacle courses and on the YMCA Olympic vault, bars, beam and floor equipment. Age appropriate strength circuits will be taught to enhance skill development.

WE'LL MAKE SURE YOUR
KIDS GET OFF THE SCREEN
AND INTO THE GYM DURING
THEIR SCHOOL BREAK.



## **REQUIRED EQUIPMENT**

Athletic clothing
Water Bottle
No socks or shoes
Hair must be pulled back

#### **PROGRAM DATES**

MONDAY - FRIDAY
June 27th - July 1st
August 29th - September 2nd