

#### FINANCIAL ASSISTANCE PROGRAM

To successfully achieve our goal of providing service for all youth and families, the Watertown Family YMCA, with the support of the Northern New York Community Foundation, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center Desk or online. The YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.



Fairgrounds YMCA 585 Rand Drive Watertown, New York 13601

For program questions contact:
Paul Passino
Email: ppassino@nnyymca.org
Phone: 315.755.9622

To register online visit: www.watertownymca.org



#### WHAT'S UP NEXT

Check out these other great YMCA programs:

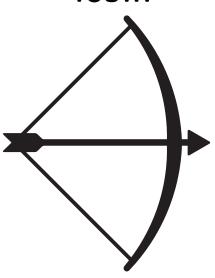
- Spring Gymnastic Camp
- Spring Sports Camp
- Rookie Hoops
- Archery
- Kicks 4 Kids
- Mini Kickers
- Session 5 Swim Lessons
- Group Ex

**Summer Camp Programs Information Coming Soon!** 



FAIRGROUNDS

ARCHERY
INTRO & CLUB
YOUTH



REGISTRATION BEGINS: MARCH 9, 2022

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# WHAT YOU NEED TO KNOW

Ages: 8-16

**Location: Gymnasium & Outdoors** 

Start Date: April 19, 2022

End Date: May 24, 2022

Days & Times:

**Tuesdays** 

Intro: 5:00 – 6:30 pm

Club: 6:30 – 7:30 pm

**Program Fee:** 

Members: \$60.00

Non-Members: \$75.00

Military: \$70.00

### **Session Offering Notes:**

Training course is required for beginners

Club is optional & encouraged for archers with experience.

All Club Members must have ONE session minimum of prior archery training.

## **FAIRGROUNDS ARCHERY INTRO & CLUB**

The YMCA is excited to offer two levels of Archery beginning in February.

Introductory Training Archery classes will focus on safety and fundamentals, teaching the USA Archery shooting strategy composed of 11 steps. Throughout the course, our instructor Jacob Speno will slowly introduce more steps and concepts surrounding archery, including the parts and components of archery equipment, and different avenues for the pursuit of archery for kids wishing to continue.

Archery Club will be for archers that have completed at least one Introductory Archery course or Camp through the YMCA recently. Club will continue to build on the 11 steps and dive deep into form and philosophy of performance in Archery. Club will provide young archers an opportunity to train weekly with an instructor there to run the range, while providing critiques.

# **INSTRUCTOR: JACOB SPENO**

Jacob Speno has been shooting Archery since childhood and is Level 2 USA Archery instructor–certified. Jacob had worked at Bear Creek Archery, the number one archery shop in Colorado for nearly 3 years. Jacob has taught hundreds of people over the course of the past 5 years, at Bear Creek, High Schools, The YMCA, during private lessons, etc. Jacob has trained competition–league archers and has competed himself as well, winning one competition and placing in the Top 5 for others averaging a score of 300.



# **REQUIRED EQUIPMENT**

Sneakers
Comfortable clothing (NOT Loose-fitting)
Water Bottle
Archery equipment provided

## **PROGRAM DATES**

TUESDAY NIGHTS
April 19, 26

May 3, 10, 17, 24